Valley Spokesmen Overview

Happy Spring! Welcome to prime cycling season! We invite you to come out and join one of our many Valley Spokesmen rides. Our members welcome everyone! The Club organizes weekly road and mountain bike rides as well as trips, progressive dinners and other social activities and events. In April, the Club hosted its famous Cinderella Classic/Challenge Ride in the tri-valley for women only! In June, the Club is going to Kentucky for a 2-week tour with 40 members.

Every year, members plan and/or participate in adventure cycling events such as Cycle Oregon, Ride Idaho and others. If you’re looking for reasons to get outdoors, Valley Spokesmen has plenty. Visit our website, and we’ll see you out there!! (Be sure to look for the new VS jerseys on the road - in the photo below).

Standing VS Club Rides

Go to valleyspokesmen.org for details

MON/WED  2 L/M 25-50 miles, 8:30 am
Heather Farms Park, Walnut Creek
Ride Host: Wendy Cosin
MON/THUR 2M 20-30 miles, conditioning,
9:30 am Livermore Cyclery, Dublin
Ride Host: Bob Heady
WED  3B 20 miles, 6:30 pm Les Knott Park,
Livermore
Ride Host: Doug Ondricek
Friendly FRI  2L/M no-drop 25-35 miles, Central
Park, San Ramon
Ride Hosts: Gail Blanco and Terry Cunningham
FRI/SAT/SUN/TUE/WED Various Club
Rides, see www.valleyspokesmen.org/
ridecalendar

Scan this code with your QR reader application on your smartphone to go to our website www.valleyspokesmen.org.
43rd Cinderella Classic/Challenge a Success

It was a perfect day for the women-only Cinderella Classic/Challenge event on April 14th! Drawing cyclists from across the United States and California, the ride started with coffee and treats at Las Positas College in Livermore.

There were three great routes to choose from this year: a brand new 25 mile route, a 65 mile route and an 85 mile challenge route. The 25 mile route took cyclists out to Greenville Road where they joined the Classic route. The new Classic route took cyclists up Collier Canyon and through Danville, San Ramon, Dublin, Pleasanton and back to Livermore. The Challenge route added 20 miles out to Tracy via Patterson Pass and back on Altamont Pass.

After the ride, cyclists were treated to delicious tacos, drinks and beer served by VS volunteers! There were some great vendors providing shopping enjoyment! Mark your calendar for Saturday, April 27th for next year’s Cinderella!

Editors note: Many thanks to Jim Duncan, Francie Cushman, Bonnie & Bob Powers and the many Prince Charmings and volunteers and cycle shops who helped make this year’s event a huge success.

2018 VS 1st Quarter Meeting

The March quarterly meeting was held for the first time at Mountain Mike’s Pizza in San Ramon where members received a positive VS Club report from vice president Rob Delfosse and enjoyed an excellent presentation by Ken Hernandez about the Club’s New England trip from 2017. The next meeting will be held on Wednesday, June 6th. Look for details on the Valley Spokesmen calendar!

Carnival Awards Dinner Dance

The Club's annual awards and dinner dance was great fun! Held at a beautiful venue located in Rossmoor, Walnut Creek, the evening started at 5:00 pm with drinks and appetizers and dinner at 6 pm. The fabulous band played until 10:00 pm! It was a wonderful night of celebration! Thanks to Kathy Koos and the members of the committee for another great event!
Celebrating 10 Years of Feather Pedals

There were 12 Feather Pedals Cinderella (ride hosts top left) conditioning rides which began Saturday, January 13th and ended on Saturday, March 31st! Even with several rain cancellations, rides were rescheduled for the next day so everyone could get the conditioning needed for the 64 mile Cinderella! Thanks to Meredith Nielsen (photo middle left), a Level 2 Wenzel Cycling Coach, for her skills training before several rides! The Graduation Ride was on April 8 followed by lunch at Swirls in Blacksmith Square in downtown Livermore! The Cinderella celebration was held on Sunday, April 15 at Canyon Lakes Brewery in San Ramon (photo above)!

New Valley Spokesmen Socks On Sale

Be sure to order a great pair of Valley Spokesmen socks - look on the Valley Spokesmen home page!
Join Valley Spokesmen Today

We encourage cyclists to join the Valley Spokesmen Bicycle Club and enjoy these benefits:

- **Member Discounts:** Members receive discounts at many local bicycle shops with a VS Membership Card.
- **Preferential registration:** Members receive preferential registration for The Cinderella Classic and TOSRD (Tour Of the Sacramento River Delta).
- **Ride with GPS:** Full featured ‘Ride with GPS’ account free when using ‘Ride with GPS’ VS club routes.
- **Annual VS Party:** Members receive an invitation to our annual VS Party: dinner, dancing, camaraderie, awards and fun.
- **Member Only Pages:** Online Membership enables access to "Member Only" pages that provide a Directory of club members and other important information.
- **VS Yahoo Email List:** Club members are eligible to participate in the VS Yahoo e-mail list to chat about club events, rides, and other social activities.
- **Feather Pedals:** This branch of VS prepares new and experienced riders for the Cinderella Classic and Challenge events.
- **Strava Club:** Club members are eligible to join at Strava.com.

Upcoming Valley Spokesmen Events

**Quarterly Club Meeting**
Wednesday, June 6, 2018  
6:30 pm Pizza, 7:00 Meeting  
All Members Welcome  
Mountain Mike’s Pizza, San Ramon

**Mt. Diablo Challenge**
Sunday, October 7

**TOSRD**
Tour of the Sacramento River Delta  
Saturday, October 13 - Sunday, October 14

Get to Know Valley Spokesmen

Valley Spokesmen was founded in 1971 by local cyclists interested in perpetuating the cycling culture and encouraging family cycling in the Tri-Valley. 47 years later the Club is a leader in bicycle advocacy, accessibility and miles ridden! Valley Spokesmen has group road and mountain bike rides every week for riders of all levels. They are known for the Cinderella Ride in April, catering to women riders, the Wente Road Race in April and the Mt. Diablo Challenge in October. Every year, the club sponsors many events and rides that benefit the community we live in and others that are just for fun. Join us online at www.valleyspokesmen.org

Like us on Facebook!

Come Ride With Us!