PRESIDENT'S MESSAGE

I just returned from the annual club ride to Paso Robles for the Great Western Bike Rally and had a great time. This year we had about 20 riders, several of which were new to the trip. Support was provided by Bonnie Powers driving our van with our gear and Bob Heady being our SAG driver. Fortunately, Bob had a few relief drivers (Mary Hernandez & Kathy Strain) which provided him an opportunity to get some riding in. The weather was excellent with cool mornings and warm, but not hot, afternoons. We did find two new restaurants – one in Hollister and one in King City – that were much better than the traditional stops. In Hollister, we tried the Running Rooster for the first time. The rotisserie chicken was really good! In King City, we tried The Cork and Plow which had good pub food. I am sure that we will be returning on future trips. With no mechanical issues (other than a flat or two), no lost riders, and no crashes, the ride this year was very successful. Thanks to Bob Heady and Bonnie Powers for providing the support that helped everyone and we hope you can join us next year.

On another note, you may have noticed we have a few gaps in our weekend ride calendar. If you have a favorite ride you would like to show others, please sign up for a day and send the Ride Coordinators (Joe Cheng or Mark Goroff at rides@valleyspokesmen.org) a note with the information and they will post your ride info to the club calendar. This is a great way to show off a route you enjoy and let others experience it with you.

The Board has also approved a change to club policy regarding short notice rides. Traditionally, the policy states rides can only be posted if there is at least three days (72 hours) notice. This was intended to give riders time to view the ride information and make appropriate plans. However, there have been a number of short notice show and go rides that have been sent out via the email distribution list and have elicited good attendance. The Executive Board felt it was better to have the information also posted in the calendar since all members are not signed up to receive messages via the email list (vslist). The change to club policy is to eliminate the three days advance notice and post rides to the calendar. If you are thinking about sending out a note about a short notice ride, please include the Ride Coordinators in your email notice and they will post your ride to the calendar.

Hope to see you out there as we get into the full summer season!

Steve

TOURING RIDE RATINGS

All rides are rated according to predicted difficulty.
TERRAIN:
1) Generally flat with a few easy grades, suitable for beginners and casual riders.
2) Mostly easy grades with a few rolling hills, a challenge for beginners.
3) Moderate grades, some challenge for the average rider.
4) Steep grades with some relief.
5) Mostly steep grades, for strong riders.
PACE:
ND) No Drop - this means that the group will do its best not to lose any rider. No Drop is at the leader's discretion. Out of consideration to the other riders, check with the ride leader to determine whether you should ride on a particular ride.
L) Leisurely, many regroups.
M) Moderate, occasional regroups.
B) Brisk, few stops.
S) Steady, strenuous, rapid pace.

The speeds of the following ratings can be estimated by the following:
On the flattest 20-mile route (San Ramon Valley Blvd. e.g.), the average speed would be approximately:
L=12 mph M=16 mph B=19 mph S=22 mph-plus.

It is each rider's responsibility to assess his or her own riding ability and fitness level and compare it to the ride rating before attempting a ride. If in doubt as to which level ride you should try, it would be best to start at the lower level and ride at that level until you feel comfortable moving on to the next level. Although there are periodic regroups and most hosts do their best to keep the group together, the only rides that are no-drop are the ones specifically stated ND.
Rides listed as "Beginner Friendly" will often be ridden by our most experienced riders, who just prefer to ride at a more leisurely pace. They will assist newer riders if requested. There will be slower-paced riders on these rides and will sometimes be listed as ND. Rides may be listed as Beginner Friendly if the route is an out-and-back and can be done at your own pace with your own turn-around point. Calaveras would be a good example of this. If in doubt, contact the ride host to get detailed information about a specific ride.
Rides listed as "Advanced Rides" are at a fast pace where riders will work together in a pace-line with minimal / no regroups. Not recommended for new riders.
All riders are welcome to show up for any ride scheduled, as long as you are prepared for possibly riding the route alone if it is above your level. Route slips are distributed at the start of a ride unless it is listed as a Show-n-Go, in which case the group will decide the route and no route slips are used.
It is our goal to provide as many varied rides as possible and to help guide our members and guests to the rides best suited to their riding preference / experience.

MOUNTAIN BIKE RIDE RATINGS
All rides graded according to predicted difficulty as follows:
1) EASY: Mostly flat with few hills.
2) EASY/MODERATE: Increasing hills but mostly flat; of short distance.
3) MODERATE: Generally hilly terrain with some rough terrain & occasional obstacles.
4) STRENUOUS: Long, steep ascents and descents & very rough terrain.
5) MOST STRENUOUS (GONZO): Better have a few espressos before saddling up - ridiculously long, steep climbs & drops; lots of obstacles.
Always bring adequate water and food.

HELMETS ARE REQUIRED ON ALL VALLEY SPOKESMEN RIDES!!

No headphones or ear buds (except hearing aids) of any type are permitted on Valley Spokesmen rides. No cell phone use while actively riding.

ATTENTION: All riders must sign a liability waiver form, which is on the ride sign-in sheet, from the ride leader.
WEATHER: If there is a chance of rain, snow, sleet, hail or extreme temperatures on the day of the ride, the ride status will be posted to the VS e-mail list. Or contact the ride host before the ride for an update. For Mountain Bike Rides, rain 48 hours prior to the ride cancels.

DURATION OF RIDES: If you wish to know the approximate length of time for any of the following rides listed - including rest stops, lunch stops, sightseeing, etc., - please e-mail or call the ride host.

CAR POOLING: Carpooling is strongly encouraged, particularly on the out-of-town rides. Carpools are often posted to the VS e-mail list or post one yourself.

SAFETY: Bikes and cars have equal rights!!! Remember to use courtesy toward other users of the roadway and pay attention to ALL Vehicle Codes. Bicycle rider courtesy to motorists results in motorist courtesy to bicycle riders.

CODE OF CONDUCT: All Valley Spokesmen members are expected to interact with one another with respect. The use of inappropriate behavior and/or language may result in suspension leading up to expulsion from the Valley Spokesmen club. Determination of disciplinary action will be decided by the Executive Board.
If you stop to take a cell phone call the group is not obligated to wait.

VERY IMPORTANT: ALL RIDES LEAVE AT THE SCHEDULED TIME INDICATED.
PLAN TO MEET 15 TO 30 MINUTES BEFORE THAT TIME!

Note: Ride changes, cancellations and additional rides are posted to the VS e-mail list and the web site ride calendar www.valleyspokesmen.org/ridecalendar

Be informed: current VS members can register for the VS e-mail list:
http://www.valleyspokesmen.org/Sys/vs-list

STANDING RIDE OVERVIEW:
MONDAY and WEDNESDAY morning ride from Heather Farms leave at 8:30 a.m.
MONDAY and THURSDAY conditioning rides from Dublin (Livermore Cyclery) leave at 9:30 a.m.
WEDNESDAY evening WAW ride from Les Knott Park (Livermore) at 6:30 p.m.
ODD FRIDAY morning ride from Central Park (San Ramon) at 9:00 a.m. Beginner Friendly.

JUNE 2016

WED. 6/1/16 2-L/M 25-50 miles 8:30 a.m. Dick Skow will lead a group from Heather Farm every Mon. and Wed. morning. Monday rides will be shorter (25-35 miles) and more leisurely paced. Wednesday rides will be about 35-45 miles at a moderate pace. There will be a coffee or lunch stop on all rides. Meet at Heather Farm Park in Walnut Creek. Take I-680 to Ygnacio exit and go east; turn left at San Carlos Road into Heather Farm and park in the lot by the ball fields on the right. The route will be available at: http://ridewithgps.com/users/74695/routes at least 48 hours before the ride. Be sure to check for the ride listed with the correct date. Ride Host: Richard Skow, 925-939-6964, rcskow@astound.net for ride details.

WED. 6/1/16 2-L/M 42 miles 9:00 a.m. 42 for 42. Come join me as I play hooky from work and complete my birthday miles. This will be a fun, easy social ride where no one gets dropped or left behind. There are a couple of bailout options for those not wanting to do all 42 miles. Please print and bring your own route sheet or download the course to your bike computer. https://ridewithgps.com/routes/13646637
Ride host: Emma (707) 479-2549 or live2map@yahoo.com

WED. 6/1/16 3-B ~20 & 2L/M ~15 miles 6:30 p.m. WAW (Wednesday After Work) weekly evening training ride series leaving from Les Knott Park, 655 N. Mines Rd., Livermore. Doug will lead a B paced ride intended to get the heart rate up quickly and keep it there for an hour. These rides are a good mid-week workout and are generally pretty brisk paced. Routes will vary and are usually posted on the calendar prior to the ride. For those looking for something a bit tamer, Janet will lead a Feather Pedaler friendly ride most weeks. Please check the ride calendar to confirm that a route is posted for the week as work sometimes interferes with Janet's ride hosting. Ride Hosts: Doug Ondricek (925) 980-2490 & Janet Ondricek (925) 579-4573

WED. 6/1/16 7:00 p.m. General Membership Meeting. Non-members and members alike, join us at Round Table Pizza, 7841 Amador Valley Blvd in Dublin, in the Shamrock Village shopping center on the north side just east of San Ramon Rd. Pizza, salad and sodas are complimentary to all attendees. Come early to enjoy a pizza party on us and meet lots of people who share your interests. Non-members - come see what our club is all about! Find out the answers to all your club questions, and see if we're the club for you!

THURS. 6/2/16 2-M 20-25 miles 9:30 a.m. Monday and Thursday morning conditioning ride starting at Livermore Cyclery in Dublin (in shopping center at the SW corner of San Ramon Rd. and Amador Valley Blvd.). Route will be determined by the participants. This is a good ride for someone getting back to riding after a lay off for any reason. Be sure to let me know so I can tailor the ride otherwise you should expect a 14-18 mph pace. This is a social ride involving a Peet's Coffee stop. Ride Host: Bob Heady, 925-980-7989.

THURS. 6/2/16 3-4M 22 miles 5:30 p.m. Mt Diablo Junction. Starting from St. Timothy's church, we will go through the hole in the wall up to the junction and back. Ride host: Renata Hansen 925-915-1529.

FRI. 6/3/16 2 L/M 25-35 miles 9:00 a.m. This Odd FriDay series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly) Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

SUN. 6/5/15 3-L/M, M, M/B 52-60 miles 9:30 a.m. Standing First Sunday Ride. We will be riding a 52-60 mile loop from San Ramon Central Park and out to Livermore. There will be a group adding on the Flynn's to the route that is listed. We have a rest stop at the Starbucks in N. Vasco and Scenic, as well as the Starbucks on Vineyard in Livermore, before returning to San Ramon. Please feel free to join us and ride at your own pace. The route can be shortened after the 1st rest stop by returning on Greenville to Tesla and continuing on the route. Significant chance of rain will cancel this ride. Route Sheet: San_Ramon_Livermore_Loop_52.pdf Ride Host: Julie Hampton psyclejulz@sbcglobal.net.

MON 6/6/16 8:30 a.m. See Heather Farm Standing Ride details on WED. 6/1/16.

MON. 6/6/16 9:30 a.m. See Mon./Thurs. Morning Standing Ride details on THURS. 6/2/16.

MON. 6/6/16 6:30 p.m. Valley Spokesmen Racing Team meeting (1st Monday of the month). Everyone is welcome! Call Ted Vidnovic at 925-337-2803 or vidnovic@yahoo.com for further information.

TUES. 6/7/16 8-13 mi. 7:00 p.m. MTB Lake Chabot Loop - Mountain bike trails. All levels are welcome. From I-580 westbound in Castro Valley take the Strobridge Avenue exit; turn right on Strobridge, right on Castro Valley Blvd., and left on Lake Chabot Road., then make a right turn on the road immediately after Arcadian Dr. and follow it up the hill to a free parking lot on the left. Since cell reception in the park is sketchy, please leave a message if you plan to ride. Bring lights (or borrow ours). Dinner at Chipotle afterwards. Ride Host Jane Moorhead 925-980-9889

WED. 6/8/16 8:30 a.m. See Heather Farm Standing Ride details on WED. 6/1/16.

WED. 6/8/16 6:30 p.m. See WAW ride details on WED. 6/1//16.

THURS. 6/9/16 9:30 a.m. See Mon./Thurs. Morning Standing Ride details on THURS. 6/2/16.

THURS. 6/9/16 5:30 p.m. See Thurs Mt. Diablo Ride details on THURS. 6/2/16.

SAT. 6/11/16 – Santa Barbara Bike Tour begins. The route information is available at:
https://ridewithgps.com/users/74695/routes
Ride Hosts: Dick Skow & Pete Culshaw

MON. 6/13/16 Heather Farm Ride Suspended until 6/20 due to Santa Barbara Tour.

MON. 6/13/16 9:30 a.m. See Mon./Thurs. Morning Standing Ride details on THURS. 6/2/16.

TUES. 6/14/16 7:00 p.m. See MTB Lake Chabot Loop details on TUES 6/7/16.

WED. 6/15/16 Heather Farm Ride Suspended until 6/20 due to Santa Barbara Tour.

WED. 6/15/16 6:30 p.m. WAW. See WAW ride details on 6/1/16.

THURS. 6/16/16 9:30 a.m. See Mon./Thurs. Morning Standing Ride details on THURS. 6/2/16.

THURS. 6/16/16 5:30 p.m. See Thurs Mt. Diablo Ride details on THURS. 6/2/16.

FRI. 6/17/16 8:30 a.m. See Odd FriDay Ride details on FRI. 6/3/16.

SAT 6/18/16 9:30 a.m. Monthly Feather Pedals Ride. Monthly Feather Pedals Ride from Sycamore Valley Park & Ride (Danville). Please arrive at least 15 minutes early for pre-ride announcements.
Classic: https://ridewithgps.com/routes/12545633 33.6 miles
Plus: https://ridewithgps.com/routes/12545649 35.1 miles
Ride Host: Kathy Kane 925-323-5611

MON. 6/20/16 8:30 a.m. See Heather Farm Standing Ride details on WED. 6/1/16.

MON. 6/20/16 9:30 a.m. See Mon./Thurs. Morning Standing Ride details on THURS. 6/2/16.

TUES. 6/21/16 7:00 p.m. See MTB Lake Chabot Loop details on TUES 6/7/16.

WED. 6/22/16 8:30 a.m. See Heather Farm Standing Ride details on WED. 6/1/16.

WED. 6/22/16 6:30 p.m. See WAW ride details on 6/1//16.

THURS. 6/23/16 9:30 a.m. See Mon./Thurs. Morning Standing Ride details on THURS. 6/2/16.

THURS. 6/16/16 5:30 p.m. See Thurs Mt. Diablo Ride details on THURS. 6/2/16.

MON. 6/27/16 8:30 a.m. See Heather Farm Standing Ride details on WED. 6/1/16.

MON. 6/27/16 9:30 a.m. See Mon./Thurs. Morning Standing Ride details on THURS. 6/2/16.

WED. 6/29/16 8:30 a.m. See Heather Farm Standing Ride details on WED. 6/1/16.

WED. 6/29/16 6:30 p.m. See WAW ride details on 6/1//16.

THURS. 6/30/16 9:30 a.m. See Mon./Thurs. Morning Standing Ride details on THURS. 6/2/16.

THURS. 6/30/16 5:30 p.m. See Thurs Mt. Diablo Ride details on THURS. 6/2/16.

JULY 2016

FRI. 7/1/16 8:30 a.m. See Odd FriDay Ride details on FRI. 6/3/16.

SUN. 7/3/16 9:30 a.m. See Standing First Sunday of the Month Ride on Sunday 6/5/16. No host for July at time of press.

MON. 7/4/16 8:30 a.m. See Heather Farm Standing Ride details on WED. 6/1/16.

MON. 7/4/16 9:30 a.m. See Mon./Thurs. Morning Standing Ride details on THURS. 6/2/16.

WED. 7/6/16 8:30 a.m. See Heather Farm Standing Ride details on WED. 6/1/16.

WED. 7/6/16 6:30 p.m. WAW. See WAW ride details on 6/1/16.

THURS. 7/6/16 9:30 a.m. See Mon./Thurs. Morning Standing Ride details on THURS. 6/2/16.

PLEASE NOTE --- HERE ARE RIDE OPPORTUNITIES ANDCLINICS IN ADDITION TO OUR REGULAR SCHEDULE

DAILY LUNCHTIME TRAINING RIDES: Join members of the Valley Spokesmen Racing Team and Lawrence Livermore Cyclotrons for daily training rides. Rides are 20-25 miles at a fast/brisk pace. Meet at 11:30 a.m., Monday through Friday, at the Lawrence Livermore National Laboratory Visitors Center on Greenville Road. NOTE: The group tends to split into fast and slow packs, so there is an option for a less vigorous pace. (Take I-580 to Greenville Road exit, go south on Greenville for about 3 miles, parking lot for the Visitors Center is on the right, look for the flagpoles). For ride/course descriptions, contact Rocco Hollaway at 925-422-9701: *hollaway1@llnl.gov*

EVERY SUNDAY MORNING 3-B (hilly route and brisk pace) 35 miles (56 km) 8:00 a.m. Join the VS Race Team for a 3-B 35-mile ride with 2-B option (a little less hilly). We'll ride from the Bankhead Theater (North First St. @ S. Livermore) up Tesla, Cross Rd., Patterson Pass, South Flynn Rd. (or you can skip the Flynn climb and take Greenville), Altamont Pass Rd., residential streets to Dalton out to N. Livermore, Manning, Collier Canyon, Portola, and back to Livermore. Ride Leaders will vary. Contact Don Williams at 925-580-9395.

EVERY 1st SATURDAY MORNING each month. 4-S 45-60 miles (72-90 km) 9:00 a.m. Join the Wheels of Thunder and Valley Spokesmen Racing Team on a joint training ride. The ride starts in downtown Pleasanton from the parking lot on Neal Street between Main and First Streets (across from the drive-through milk store). The pace varies with re-grouping at the top of most long climbs. Most routes have turn-around points for those wanting shorter versions of the ride. All riders

are welcome, but be warned that these are not entry-level rides. Each ride is a "no-drop" ride on rolling terrain that is close to *18 mph and is a good place for fit new riders to start. For* information call Bob Fusco at 925-899-4027.
* *

RIDE REVIEWS
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May 14th
Beautiful day for Jim and Christy's ride from Shannon on our usual Moraga Loop ride modified to include a stop at Orinda's Theater Square. Started off a bit cool but warmed up quickly when the clouds dissipated (and the climbing began). Peter
****

May 15th Alaine led us from Shannon Center down Foothill to Sunol with a return through the 'Happy Valley' area and downtown Pleasanton. Peter
****

May 16th
A little on the warm side today, but otherwise good conditions to try out an alternate route for this ride between the Martinez and Davis Amtrak stations. Starting at the Amtrak station in Martinez we crossed the bridge into Benicia and continued through Fairfield, Vacaville (refreshment stop), and Dixon to the Amtrak station in Davis. We then boarded the train with our bikes (hooks are located in some of the cars) for the ride back to the start. Peter
****

May 22nd
Riding from Shannon over Blackhawk and onto Las Trampas was a little cool and cloudy on Jim and Francie's ride, but at least we stayed dry. Peter
****

May 26th
Had a nice couple days riding down the coast from San Gregorio and then inland to Portola Redwoods where we stayed at the Hike & Bike camping area. Today we returned over Alpine and Page Mill Rds. to Palo Alto and then over the Dunbarton Bridge to the Union City BART station.
****

May 27th
Francie and Jim substituted as hosts in Gail's absence for today's Odd Friday ride from San Ramon Central Park. Beautiful sunny day for our ride past the Diablo and Blackhawk country clubs before heading south on Bollinger/Dougherty to Old Ranch and back to the start. Peter
****

May 28th
Started to get a little warm toward the end, but otherwise a beautiful day for Emma's ride from Heather Farm over Pig Farm hill on our way to Pinole, over the Zampa Bridge to Vallejo, past Lake Herman, and then returning over the Benicia Bridge and through Martinez and Pleasant Hill. Riva from Benicia joined us in Vallejo and led us to Moschetti Coffee Roaster which has free tasting on Saturdays with dozens of varieties. Peter
****

UPCOMING CYCLING EVENTS

June

4 Eastern Sierra Double Century, Bishop, CA
4 Lost & Found Gravel Grinder, Lake Davis, CA
5 Sequoia Century Western Wheelers, Los Altos Hills, CA
5 America's Most Beautiful Ride, Tahoe, CA
11 Hayfork Century, Hayfork, CA
11 Incarnation 100, Santa Rosa, CA
12 Bike the Bridges, Martinez, CA
12 Silicon Valley Tour de Cure, Palo Alto, CA

July

9 Death Ride-Tour of CA Alps, Markleeville, CA
9 Bike 4 Breath, Atherton, CA
16 Fall River Century, Fall River Mills, CA
16 Windmill Century, Santa Maria, CA
17 Beach Babe Classic, Long Beach, CA
23 Tour de Malt, Nicasio, CA
23 Devil's Slide Ride, Pacifica, CA
24 Graeagle Centur Ride, Graeagle, CA
30 Santa Cruz Mountain Challenge, Santa Cruz

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VALLEY SPOKESMEN AFFILIATIONS

Adventure Cycling – www.adventurecycling.org
Bay Area Ridge Trail Council – www.ridgetrail.org
Bike East Bay – www.bikeeastbay.org (formerly EBBC)
Bicycle Trail Council of the East Bay - www.btceb.org/
C.B.C. - California Bicycle Coalition - www.calbike.org
California State Parks Foundation - www.parks.ca.gov
East Bay Regional Parks - www.ebparks.org
Greenbelt Alliance – www.greenbelt.org
L.A.B. - League of American Bicyclists -www.bikeleague.org
National Parks Conservation Association - www.npca.org
Nature Conservancy – www.nature.org/
Planning and Conservation League - www.pcl.org
Rails to Trails – www.railstotrails.org
Yosemite Conservancy
* *

Valley Spokesmen Bicycle Touring Club
Executive Board Meeting May 11, 2016 7:00 p.m.

Meeting called to order by President Steve Whelan at 7:00 p.m.
Present: Steve Whelan, Rob Delfosse, Al Kalin, Jim Duncan, Rebecca Wood, Bonnie Powers, Jim Paulos, Don Carpenter
Absent: Ken Hernandez, Kathy Koos, Dianne Thompson and Marcus van Raalte
Motion made by Steve Whelan, seconded by Jim Duncan and passed to approve the April 13, 2016 Executive Board minutes.

Treasurer Don Carpenter reported our checking and saving accounts are solvent. Final accounting for the Cinderella is not possible at this time due to the fact we have not been billed by the Alameda County Fairgrounds. Tentative review made of donations and memberships made during 2015. Motion made by Jim Duncan, seconded by Don Carpenter and passed to contribute $250.00 to Adventure Cycling Association U.S. Bicycle Route System (USBRS).

Al Kalin, our Danville liaison, shared a map with us of the "Alternative Bicycle Access" on Diablo Road between Calle Arroyo and Mt. Diablo Scenic Blvd. The proposal is for a separated bicycle trail along Diablo Road on the south side. The first phase is about one quarter of a mile long and would be paved. Phase two would be about one mile in length. The third phase would be developed by Summerhill homes and be of gravel composition. Completion would be in the next 3-5 years. It is expected sixty-nine homes are to be built by this developer. Al has met with city officials including the manager, lawyers and council members. Realizing this is a safety issue, all of these persons are in favor of the bicycle trail. Discussion followed on how to safely go through Diablo Country Club. It was suggested the recreational trail be better utilized. It was further suggested Bike East Bay be requested to include this trail on the next bicycle map they create. Furthermore, signs showing this trail could be installed at

strategic locations around Danville. Three steps were recommended in seeing the Alternative Bicycle Access proposal becoming a reality: 1. Support the City of Danville; 2. A letter writing campaign; 3. Contact Bike East Bay. If anyone wishes to contact Al regarding this subject, he may be reached at 925-640-7055.

OLD BUSINESS

1. Ride Reports – The issue of Show and Go rides was brought up. In order for members to receive mileage credit, a motion was made by Jim Duncan, seconded by Steve Whelan and passed, to post the Show and Go rides on the V.S. online calendar. Ride chairmen Joe and Marc to include the starting location, time and approximate mileage.
2. V.S. web site – There was no report.
3. Ride Host issue – Joe Cheng has sent a message regarding this subject.
4. Area Master Plans – Francie Cushman reported on future developments in Dublin with the widening of Doughtery Road to three lanes both way; improvements of bicycle lanes; a bicycle bridge over Dublin Blvd.; the extension of Scarlett Drive to Dublin Blvd.; a three acre Dublin Crossing Park; the Transit Village buildout near East Dublin BART Station, including a bike lane to and through the BART station. All of these projects have available funds. Dublin is attempting to make the city a bicycle friendly city.
5. Feather Pedal SAG flags – The Board is in favor of these flags. Karin Ball will be asked to obtain a design for these flags for Board approval.
6. Liability Insurance – Kathy Koos has examined our policy and will share her findings at a future board meeting.
7. Ride with GPS – tabled until the next meeting.

NEW BUSINESS

1. Ride Schedule – the current schedule is extremely sparse with little or no listings on Saturdays and Sundays.
2. Ride to Paso Robles – currently there are 20 persons signed up. There will be a pre-trip meeting on Monday, May 18th at the Powers' place at 7:00 p.m.
3. Tour of the Sacramento River Delta – The date is October 8/9, 2016. Reservations are made; web site to be updated shortly.
4. Cinderella donations – A list of last year's donations was distributed. Board members asked to review this list and add any new organizations they wish to be included or deleted.

GOOD OF THE ORDER

1. On June 4th there will be a "Bike Donation Pick-up Day" sponsored by Waterside Workshops (www.watersideworkshops.org). Contact Even Taylor, 510-644-2577.

Meeting adjourned at 8:25 p.m. to the General Membership Meeting on June 1, 2016 at Round Table Pizza Parlor, 7841 Amador Valley Blvd., Dublin, CA

Respectfully submitted, Bonnie Powers, Recording Secretary, Pro-tem.

* *

Valley Spokesmen Bicycle Club Correspondence
May 2016

Correspondence sent:

1. Check to California Highway Patrol for balance due on Cinderella.
2. Check to Dublin Unified School District for use of Wells Middle School for Swap Meet
3. Check to Minuteman Press for printing of May newsletter.
4. Check to Jim Van De Vreudge for Cinderella out-of-pocket expenses.
5. Check to Peter Franklin for Cinderella gasoline.
6. Check to Golden State Portables for porta potties on Cinderella day.
7. Check to Livermore Joint Unified School District for Christensen School on Cinderella day.
8. Check to Adrienne Rutledge for Cinderella refund.
9. Check to Adventure Cycling Association for U.S. Bicycle Route System donation.
10. Check to Adventure Cycling Association for annual membership dues.
11. Check to California State Parks Foundation for annual membership dues.
12. Check to Purchase Power for postage for meter.
13. Check to Best Western San Benito Inn for Paso Robles reservations.
14. Check to Quality Inn – King City for Paso Robles reservations.
15. Check to Bay Area Ridge Trail Council for annual membership dues.
16. Check to Jean Phillips for Cinderella refund.
17. Letters of welcome to old/new members. Membership for 2016 stands at 588.

Correspondence received:

1. Request for donations and membership renewals.
2. Advertisements for upcoming events and touring companies.
3. May copy of Sunset magazine.
4. Newsletters and magazines from various clubs, organizations and businesses.

VALLEY SPOKESMEN CLUB GEAR

Contact Jim Duncan for club gear:
hey-you@comcast.net or 925-209-1369

The following Valley Spokesmen clothing is available:

short sleeve jersey - club cut - …… $65.00
short sleeve jersey - women's cut - ……$65.00
long sleeve jersey - (*to be discontinued*) ……$70.00
sleeveless wind shell vest - …… $60.00
long sleeve jacket - (*to be discontinued*)……$69.99
shorts - women / men - ……$58.00
bib shorts - (*to be discontinued*)……$65.00
arm warmers ……$30.00
gloves - yellow, blue, black - (*changing to blue & black only*) - ……$27.00
socks - white, yellow, black - (*changing to blue & black only*) - ……$7.00

Mileage Report as of May 23, 2016 Newsletter mileage Query

Name	Total of Miles	Rides Led	Total Rides
Ball, Karin	232	2	6
Barbier, Larry	204	0	7
Barnett, Bob	546	0	14
Bartlett, Christine	207	0	4
Blanco, Gail	1273	26	31
Carpenter, Don	413	0	12
Castagnini, Janice	265	0	6
Cheng, Joe	746	0	18
Choy, Serena	558	0	23
Cosin, Wendy	818	4	24
Crawford, Matt	228	0	6

Mileage Report as of May 23, 2016 Newsletter mileage Query			
Name	Total of Miles	Rides Led	Total Rides
Culshaw, Pete	899	12	26
Culshaw, Sharon	393	0	13
Cushman, Francie	894	7	26
Davis, Patti	674	0	20
Dedon, Erica	479	2	10
Dedon, Mark	560	2	11
Delfosse, Rob	295	0	8
Deornelas, Vic	325	0	6
DePasquale, Tammy	247	0	5
Donovan, Deb	636	0	19
Duncan, Jim	766	5	22
Dunn, Kathleen	235	1	8
Eacret, Wes	452	0	12
Enriquez, Gilbert	306	0	9
Foster, Danielle	396	0	10
Frasier, Debbie	348	0	10
Fusco, Bob	461	0	14
Gabe, Jan	298	0	6
Gomez, Lynnette	234	0	5
Guarienti, Faye	272	0	6
Hagelin, Craig	341	0	11
Hansen, Renata	319	7	11
Haupt, Chuck	264	0	9
Heady, Bob	825	22	32
Hermann, Mark	380	0	10
Hernandez, Ken	513	0	16
Hernandez, Mary	500	0	18
Herrera, Gloria	330	0	7
Hsueh, Gary	216	1	6
Johnson, Robin	201	0	4
Kane, Kathy	214	1	6
Kita, Jim	239	0	6
Koos, Gary	360	0	7
Koos, Kathy	405	6	7
Kowalewski, Steve	576	0	16
Kriebl, Olivia	281	0	6
Kyong, Peter	706	0	24
Lagodzinski, Andrew	213	0	4
Lanzas, Alberto	359	5	8
Lark, Mary	269	0	7
Lisy, Norm	250	0	8
Low, Ellen	263	0	6
Lowe, Diana	212	0	5
Martinelli, Craig	596	0	18
Mayfield, Milinda	226	0	6
Meidberg, Larry	226	0	9
Mertz, Jacqueline	867	0	23
Moorhead, Jane	571	7	20

Mileage Report as of May 23, 2016 Newsletter mileage Query			
Name	Total of Miles	Rides Led	Total Rides
Nadeau, Alaine	542	2	20
Nasstrom, John	250	0	6
Norek, Al	325	0	11
Olenberger, Emma	503	2	12
Ondricek, Doug	201	8	9
Osborn, Sandra	227	0	5
Page, Janie	230	0	5
Pereira, David	525	3	13
Perry, Marta	204	0	4
Pham, Chris	308	2	8
Polley, Ed	538	0	13
Pollock, Terese	201	0	5
Powers, Dick	307	0	7
Rafanelli, Pam	252	0	5
Rasmussen, Ron	590	0	20
Rathmann, Peter	1743	6	50
Reilly, T.J.	703	0	24
Rodriguez, Vicki	218	0	5
Rossiter, Jaynette	863	0	29
Seda, Marta	224	0	5
Serriere, Vianney	330	0	9
Settle, Andy	725	0	21
Shannon, Geoff	1005	13	29
Simpson, Christy	1610	12	51
Skow, Dick	898	3	26
Soby, Tony	240	0	5
Spiegel, Joan	251	0	6
Stevens, Jan	240	0	8
Strain, Kathy	707	0	23
Streit, Ron	333	0	10
Thieben, Kevin	384	0	10
Thompson, Dianne	371	0	10
Trotman, Traci	235	0	6
Uher, Julie	571	0	21
Uher, Will	430	0	14
Van De Vreugde, Jim	831	1	19
van Raalte, Marcus	301	0	7
Weiny, Lorrie	248	0	6
Whelan, Steve	950	0	28
Wong, Marlene	244	0	6
Wood, Rebecca	433	2	11
Woods, Colleen	205	0	5
Yantis, Marchele	228	0	6

These totals represent miles ridden by club members who have covered more than 200 miles on club rides during 2016. Total miles ridden by club members so far this year is 59,967.

DON'T FORGET – Ride Hosts of club rides earn points toward FREE club clothing, plus other benefits. The more rides you lead, the more clothing you receive.

VALLEY SPOKESMEN
Bicycle Touring Club
Post Office Box 2630
Dublin, California 94568

2016 CLUB OFFICERS

President:	Steve Whelan	925-964-7209
Vice-President:	Dianne Thompson	925-765-8805
Treasurer:	Don Carpenter	510-406-3205
Secretary:	Kathy Koos	925-963-8506
Admin Services Director:	Bonnie Powers	925-828-5299
Cycling Director:	Rob Delfosse	925-522-6270
Events Director:	Jim Duncan	925-209-1369
Communications Director:	Rebecca Wood	925-577-3842
Past President:	Marcus vanRaalte	925-437-3253

Non Elected Positions:

Bike East Bay Rep.:	Adele Madelo	510-773-0693
Webmasters:	Ken Hernandez	510-329-9481
	Steve Whelan	925-964-7209

We appreciate receiving articles and photos to be printed in the newsletter. We will give articles of a timely nature priority.

You are encouraged to reprint with credit any articles in this newsletter.

Community Liaisons:

Alamo	Linda Kwong	925-891-4600
Castro Valley	Maureen O'Boyle	510-582-2704
Concord:	Jean Watts	925-676-6164
Danville/Diablo/MDSP:	Al Kallin	alkalin@yahoo
Dublin	Francie Cushman	925-719-2256
Hayward	James Paulos	510-200-8125
Lafayette	Open	
Livermore:	Richard Fryar	925-872-4466
Oakland	Adele Madelo	510-773-0693
Pleasanton:	Kathleen Koos	925-963-8506
Pleasant Hill:	Joan Spiegel	925-705-7183
San Ramon:	Peter Rathmann	925-828-1973
Walnut Creek:	Peter Culshaw	925-932-0790

VALLEY SPOKESMEN
http://www.valleyspokesmen.org

2016 current club members may subscribe to the VS mailing list by following the directions at:
http://www.valleyspokesmen.org/Sys/vs-list