

VALLEY SPOKESMEN

Group Ride Schedule and Newsletter

*Come ride
with us!*

Valley Spokesmen Bicycle Touring Club P.O. Box 2630 • Dublin, CA 94568 • www.valleyspokesmen.org

PRESIDENT'S MESSAGE

This month I would like to appeal to your volunteer spirit with the objective of getting more volunteers to help at club events and rides. Each year the club sponsors a number of major events and hundreds of rides. These activities benefit all members but take hundreds of volunteers to make them successful. While we are fortunate to have a lot of people who volunteer on a recurring basis to help with these events we could really use more.

An easy way to start would be to volunteer is to host a club ride. Each year the club puts on about 500 group rides for riders of all skill levels. Club rides really are the heart and soul of the club are the primary reason we all joined Valley Spokesmen. If you have enjoyed participating in the rides or if you have a favorite ride that you would like to show other riders email Joe Cheng or Marc Goroff (rides@valleyspokesmen.org) and let them know that you would like to host a ride. Don't wait for the desperate plea from the Ride Chairpersons asking for volunteers.

Our major events also require hundreds of volunteers to make them successful. We need volunteers to help with Cinderella. Last year it was a struggle to sign up enough volunteers and we were short in a few areas. When you see the request via email please respond quickly. Additionally, there are a number of people who start working on Cinderella months prior to the ride. If you have an interest in taking on a specific responsibility please reach out to our Events Director, Jim Duncan. Jim will find a meaningful area of responsibility for you to take on. Don't assume that all roles are taken because someone did that job last year. In many cases people take on jobs because they did it last year and no one else has stepped up. I think that you will find the job can be fun and you will be working with a good group of people. In addition to Cinderella, Jim has responsibility for the TOSRD, Paso Robles, Swap Meet, and the Mid-Winter Party. If you have an interest in becoming part of the team that puts on any of these events, send Jim a note at hey-you@valleyspokesmen.org. He will really appreciate you reaching out.

Finally, an additional area that we depend on volunteers for are our Community Liaisons. The Community Liaisons get involved in local government to represent the interest of cyclists (primarily in transportation planning area). We have a number of dedicated individuals who are covering a many cities but we have one vacancy in Lafayette. If you live in Lafayette and have an interest in participating in the local government planning process send me an email note at president@valleyspokesmen.org. We would all benefit from the good work that a fellow cyclist can do just by participating.

In closing, I would like to thank the hundreds of people who do volunteer to help with club rides and events. My hope is to make the group of volunteers a little larger and bring in different perspectives on how we get the job done. Besides, I think that you will find the volunteer experience fun and worthwhile.

Steve

TOURING RIDE RATINGS

All rides are rated according to predicted difficulty.

TERRAIN:

- 1) Generally flat with a few easy grades, suitable for beginners and casual riders.
- 2) Mostly easy grades with a few rolling hills, a challenge for beginners.
- 3) Moderate grades, some challenge for the average rider.
- 4) Steep grades with some relief.
- 5) Mostly steep grades, for strong riders.

PACE:

- ND) No Drop - this means that the group will do its best not to lose any rider. No Drop is at the leader's discretion. Out of consideration to the other riders, check with the ride leader to determine whether you should ride on a particular ride.
- L) Leisurely, many regroupings.
- M) Moderate, occasional regroupings.
- B) Brisk, few stops.
- S) Steady, strenuous, rapid pace.

The speeds of the following ratings can be estimated by the following:

On the flattest 20-mile route (San Ramon Valley Blvd. e.g.), the average speed would be approximately:

L=12 mph M=16 mph B=19 mph S=22 mph-plus.

It is each rider's responsibility to assess his or her own riding ability and fitness level and compare it to the ride rating before attempting a ride. If in doubt as to which level ride you should try, it would be best to start at the lower level and ride at that level until you feel comfortable moving on to the next level. Although there are periodic regroupings and most hosts do their best to keep the group together, the only rides that are no-drop are the ones specifically stated ND.

Rides listed as "Beginner Friendly" will often be ridden by our most experienced riders, who just prefer to ride at a more leisurely pace. They will assist newer riders if requested. There will be slower-paced riders on these rides and will sometimes be listed as ND. Rides may be listed as Beginner Friendly if the route is an out-and-back and can be done at your own pace with your own turn-around point. Calaveras would be a good example of this. If in doubt, contact the ride host to get detailed information about a specific ride.

Rides listed as "Advanced Rides" are at a fast pace where riders will work together in a pace-line with minimal / no regroupings. Not recommended for new riders.

All riders are welcome to show up for any ride scheduled, as long as you are prepared for possibly riding the route alone if it is above your level. Route slips are distributed at the start of a ride unless it is listed as a Show-n-Go, in which case the group will decide the route and no route slips are used.

It is our goal to provide as many varied rides as possible and to help guide our members and guests to the rides best suited to their riding preference / experience.

MOUNTAIN BIKE RIDE RATINGS

All rides graded according to predicted difficulty as follows:

- 1) EASY: Mostly flat with few hills.
- 2) EASY/MODERATE: Increasing hills but mostly flat; of short distance.
- 3) MODERATE: Generally hilly terrain with some rough terrain & occasional obstacles.
- 4) STRENUOUS: Long, steep ascents and descents & very rough terrain.

5) MOST STRENUOUS (GONZO): Better have a few espressos before saddling up - ridiculously long, steep climbs & drops; lots of obstacles.
Always bring adequate water and food.



HELMETS ARE REQUIRED ON ALL VALLEY SPOKESMEN RIDES!!

**No headphones or ear buds (except hearing aids) of any type are permitted on Valley Spokesmen rides.
No cell phone use while actively riding.**

ATTENTION: All riders must sign a liability waiver form, which is on the ride sign-in sheet, from the ride leader.
WEATHER: If there is a chance of rain, snow, sleet, hail or extreme temperatures on the day of the ride, the ride status will be posted to the VS e-mail list. Or contact the ride host before the ride for an update. For Mountain Bike Rides, rain 48 hours prior to the ride cancels.

DURATION OF RIDES: If you wish to know the approximate length of time for any of the following rides listed - including rest stops, lunch stops, sightseeing, etc., - please e-mail or call the ride host.

CAR POOLING: Carpooling is strongly encouraged, particularly on the out-of-town rides. Carpools are often posted to the VS e-mail list or post one yourself.

SAFETY: Bikes and cars have equal rights!!! Remember to use courtesy toward other users of the roadway and pay attention to ALL Vehicle Codes. Bicycle rider courtesy to motorists results in motorist courtesy to bicycle riders.

CODE OF CONDUCT: All Valley Spokesmen members are expected to interact with one another with respect. The use of inappropriate behavior and/or language may result in suspension leading up to expulsion from the Valley Spokesmen club. Determination of disciplinary action will be decided by the Executive Board. If you stop to take a cell phone call the group is not obligated to wait.

VERY IMPORTANT: ALL RIDES LEAVE AT THE SCHEDULED TIME INDICATED.
PLAN TO MEET 15 TO 30 MINUTES BEFORE THAT TIME!



Note: Ride changes, cancellations and additional rides are posted to the VS e-mail list and the web site ride calendar www.valleyspokesmen.org/ridecalendar

Be informed: current VS members can register for the VS e-mail list:

<http://www.valleyspokesmen.org/Sys/vs-list>

STANDING RIDE OVERVIEW:

MONDAY and WEDNESDAY morning ride from Heather Farms leave at 9:00 a.m.

TUESDAY and THURSDAY conditioning rides from Dublin (Livermore Cyclery) leave at 9:30 a.m.

ODD FRIDAY morning ride from Central Park (San Ramon) at 9:00 a.m. Beginner Friendly.

FEBRUARY 2016

MON. 2/1/16 9:00 a.m. Dick Skow will lead a group from Heather Farm every Mon. and Wed. morning. Monday rides will be shorter (25-35 miles) and more leisurely paced. Wednesday rides will be about 35-45 miles at a moderate pace. There will be a coffee or lunch stop on all rides. Meet at Heather Farm Park in Walnut Creek. Take I-680 to Ygnacio exit and go east; turn left at San Carlos Road into Heather Farm and park in the lot by the ball fields on the right. The route will be available at: <http://ridewithgps.com/users/74695/routes> at least 48 hours before the ride. Be sure to check for the ride listed with the correct date. Ride Host: Richard Skow, 925-939-6964, rckskow@astound.net for ride details.

MON. 2/1/16 2L 30 miles 9:30 a.m. Nob Hill Cross and Collier Canyon. This leg stretcher will take you from the vineyards of Livermore to the gently rolling hills of Collier Canyon. We will regroup before crossing Vasco and then again based on group consensus. Please bring plenty of fluids and food. <http://ridewithgps.com/routes/11803073>
Ride host: Kathy Koos 925-417-0387 925-963-8506

TUES. 2/2/16 9:30 a.m. Tuesday and Thursday morning ride starting at Livermore Cyclery in Dublin (in shopping center at the SW corner of San Ramon Rd. and Amador Valley Blvd.). Route will be determined by the participants. This is a good ride for someone getting back to riding after a lay off for any reason. Be sure to let me know so I can tailor the ride otherwise you should expect a 14-18 mph pace. This is a social ride involving a Peet's Coffee stop. Ride Host: Bob Heady, 925-980-7989.

WED. 2/3/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

THURS. 2/4/16 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on TUES. 1/2/16.

FRI. 2/5/16 9:30 a.m. This Odd FriDay series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly) Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

SAT. 2/6/16 2 L/M 35/38miles 10:00 a.m. Sycamore Valley Park & Ride. 5th in a series of weekly Feather Pedals conditioning rides leading up to the Cinderella Classic. This week's ride starts at the Sycamore Ave. Park&Ride lot at the NE corner of the intersection with I-680 in Danville. Arrive 15 minutes early for ride announcements.
Classic: <http://ridewithgps.com/routes/10909870>
Plus: <http://ridewithgps.com/routes/10909889>
Ride Host: Karin Ball; kball2@yahoo.com

SUN. 2/7/16 3-L/M, M, M/B 52-60 miles 9:30 a.m.

STANDING VS 1st Sunday of the Month Ride. We will be riding a 52-60 mile loop from San Ramon Central Park and out to Livermore. There will be a group adding on the Flynn's to the route that is listed. We have a rest stop at the Starbucks in N. Vasco and Scenic, as well as the Starbucks on Vineyard in Livermore, before returning to San Ramon. Please feel free to join us and ride at your own pace. The route can be shortened after the 1st rest stop by returning on Greenville to Tesla and continuing on the route. Significant chance of rain will cancel this ride. Route Sheet: [San Ramon Livermore Loop 52.pdf](#) Ride Host: Alberto Lanzas, 510-825-9581.

MON. 2/8/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

TUES. 2/9/16 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on TUES. 1/2/16.

WED. 2/10/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

THURS. 2/11/16 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on TUES. 1/2/16.

SAT. 2/13/16 2 L/M 38/43 miles 10:00 a.m. Sycamore Valley Park & Ride. 6th in a series of weekly Feather Pedals conditioning rides leading up to the Cinderella Classic. This week's ride starts at the Sycamore Ave. Park & Ride lot. Arrive 15 minutes early for ride announcements.
Classic: <http://ridewithgps.com/routes/7016483>
Plus: <http://ridewithgps.com/routes/7016573>
Ride Host: Kathy Kane; 925-323-5611
kathymkane@gmail.com

MON. 2/15/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

MON. 2/15/16 3M 47 miles 9:30 a.m. Nob Hill Del Valle Flynn Vasco. This scenic route will take you through the rolling hills of Livermore. We will regroup at the Starbuck's on Vasco before continuing onto Collier. Please be sure to bring plenty of fluids and food. There will be limited opportunity for refueling. The route can be cut short by omitting Flynn.
<http://ridewithgps.com/routes/11803139>
Ride host: Kathy Koos 925-417-0387 925-963-8506

TUES. 2/16/16 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on TUES. 1/2/16.

WED. 2/17/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

THURS. 2/18/16 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on TUES. 1/2/16.

FRI. 2/19/16 9:30 a.m. This Odd FriDay series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly) Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

SAT. 2/20/16 2 L/M 42/46 miles 9:00 a.m. Pleasanton BART Station. 7th in a series of weekly Feather Pedals conditioning rides leading up to the Cinderella Classic. This week's ride starts at Pleasanton BART Station southwest parking lot. Arrive 15 minutes early for ride announcements. Classic: <http://ridewithgps.com/routes/11168295> Plus: <http://ridewithgps.com/routes/11201843> Ride Host: Chris Pham, 925-997-6674

SAT. 2/20/16 3M 42/46 miles 9:30 a.m. Del Puerto Canyon, Patterson, Altamont Pass - 105 miles. Details to be announced on VS website. Ride host: Kathy Koos 925-417-0387 925-963-8506

MON. 2/22/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

TUES. 2/23/16 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on TUES. 1/2/16.

WED. 2/24/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

THURS. 2/25/16 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on TUES. 1/2/16.

SAT. 2/27/16 2 L/M 46/51 miles 9:00 a.m. Pleasanton BART Station. 8th in a series of weekly Feather Pedals conditioning rides leading up to the Cinderella Classic. This week's ride starts at Pleasanton BART Station southwest parking lot. Arrive 15 minutes early for ride announcements. Classic: <http://ridewithgps.com/routes/11201927%C2%A0> Plus: Add miles to 1st summit or the Wall Ride Host: Rebecca Wood, 925-577-3842

MON. 2/29/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

MON. 2/29/16 3M 69 miles 9:30 a.m. Nob Hill Mines Rd. to Junction and Del Valle. This challenging ride will take you through Mines Road to the Junction and then return to climb Del Valle. The cafe at the Junction is closed on Mondays, but normally you can get water at the fire station. Also, please note that Del Valle's water is currently turned off. Please be sure to bring plenty of fluids and food. <http://ridewithgps.com/routes/11307014> Ride host: Kathy Koos 925-417-0387 925-963-8506

TUES. 3/1/16 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on TUES. 1/2/16.

WED. 3/2/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

WED 3/2/15 7:00 p.m. General Membership Meeting. Non-members and members alike, join us at Round Table Pizza, 7841 Amador Valley Blvd in Dublin, in the Shamrock Village shopping center on the north side just east of San Ramon Rd. Pizza, salad and sodas are complimentary to all attendees. Come early to enjoy a pizza party on us and meet lots of people who share your interests. Non-members - come see what our club is all about! Find out the answers to all your club questions, and see if we're the club for you!

THURS. 3/3/16 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on TUES. 1/2/16.

SAT. 3/5/16 2 L/M 48/55 miles 9:00 a.m. Pleasanton BART Station. 9th in a series of weekly Feather Pedals conditioning rides leading up to the Cinderella Classic. This week's ride starts at Pleasanton BART Station southwest parking lot. Arrive 15 minutes early for ride announcements. Classic: <http://ridewithgps.com/routes/11349395%C2%A0> Plus: <http://ridewithgps.com/routes/11349507%C2%A0> Ride Host: Karin Ball, 408-406-2286

SUN. 3/6/16 3-L/M, M, M/B 52-60 miles 9:30 a.m. See STANDING VS 1st Sunday of the Month Ride details on SUN. 1/3/16. Route Sheet: [San Ramon Livermore Loop 52.pdf](#) Ride Host: Alberto Lanzas, 510-825-9581.

MON. 3/7/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

TUES. 3/8/16 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on TUES. 1/2/16.

WED. 3/9/16 9:00 a.m. See Heather Farm Standing Ride details on MON. 2/1/16.

PLEASE NOTE --- HERE ARE RIDE OPPORTUNITIES AND CLINICS IN ADDITION TO OUR REGULAR SCHEDULE

DAILY LUNCHTIME TRAINING RIDES: Join members of the Valley Spokesmen Racing Team and Lawrence Livermore Cyclotrons for daily training rides. Rides are 20-25 miles at a fast/brisk pace. Meet at 11:30 a.m., Monday through Friday, at the Lawrence Livermore National Laboratory Visitors Center on Greenville Road. NOTE: The group tends to split into fast and slow packs, so there is an option for a less vigorous pace. (Take I-580 to Greenville Road exit, go south on Greenville for about 3 miles, parking lot for the Visitors Center is on the right, look for the flagpoles). For ride/course descriptions, contact Rocco Hollaway at 925-422-9701: hollaway1@lnl.gov

EVERY SUNDAY MORNING 3-B (hilly route and brisk pace) 35 miles (56 km) 8:00 a.m. Join the VS Race Team for a 3-B 35-mile ride with 2-B option (a little less hilly). We'll ride from the Bankhead Theater (North First St. @ S. Livermore) up Tesla, Cross Rd., Patterson Pass, South Flynn Rd. (or you can skip the Flynn climb and take Greenville), Altamont Pass Rd., residential streets to Dalton out to N. Livermore, Manning, Collier Canyon, Portola, and back to Livermore. Ride Leaders will vary. Contact Don Williams at 925-580-9395.

EVERY 1st SATURDAY MORNING each month. 4-S 45-60 miles (72-90 km) 9:00 a.m. Join the Wheels of Thunder and Valley Spokesmen Racing Team on a joint training ride. The ride starts in downtown Pleasanton from the parking lot on Neal Street between Main and First Streets (across from the drive-through milk store). The pace varies with re-grouping at the top of most long climbs. Most routes have turn-around points for those wanting shorter versions of the ride. All riders are welcome, but be warned that these are not entry-level rides. Each ride is a "no-drop" ride on rolling terrain that is close to 18 mph and is a good place for fit new riders to start. For information call Bob Fusco at 925-899-4027.

RIDE REVIEWS

Jan 2: Today 17 of us enjoyed a ride that gave us many scenic views of the bay from the San Leandro Marina to Alameda, the USS Hornet, Bay Farm Island, and more. It was nice to get some sun, and very little wind, though it did get colder later. We split up naturally into a couple of different pace groups, and some of us skipped the loop at the end. But I think everyone had a good time. Gary

Jan. 18: A delayed start due to wet roads but we enjoyed sunny skies (at least initially) and warm temperatures for Wendy's ride from Heather Farm to Clyde. The clouds started to look a bit threatening toward the end of the ride but fortunately we didn't get any rain. Peter

Jan 20: Gail hosted our ride from Fallon Park this morning which included an out-and-back segment to the end of Doolan Rd. which was new to most of us. The pavement ends at the Doolan Canyon Regional Preserve which is part of East Bay Parks but does not yet have any regular public access. We then headed up Collier Canyon to Carneal and continued on Manning/Livermore/May School/etc. to the Starbucks on Vasco for refreshments. Our return was via Greenville, Patterson Pass, East, Murrieta, and Jack London.

Jan 24: After three successive rainy Saturdays, Chris hosted a ride today using the same route as yesterday's canceled ride. Much nicer conditions today with sunny skies and mid-50s temperature.

Jan 25: Kathy picked an excellent day to host her ride up Calaveras Rd. and out to Ed Levin Park. The official ride start was at Nob Hill in Livermore, but began with only two riders. Three more joined at Crank-2 in Pleasanton and another at Sunol.

Jan 29: Although Gail advertised today's ride as an opportunity to test out rain gear we didn't get much of a chance to do that as the rain stayed up in the clouds except for some very light sprinkles in the last mile or so. Peter

Jan 30: The forecasted rain ended early and left sunny skies for the Feather Pedals ride this week which was a welcome change after the previous three Saturdays. Peter

Jan 31: Good Morning Everyone! Thanks, Everyone, for coming out yesterday to join the ride...it was really great seeing everyone and catching up after the long hiatus!!! I noticed that you all have maintained your speed!!!! Gary and I did a sweep of the course and we are happy to report that no one was there when we finished!!!! Hope you all have a great day! Kathy Koos

Thank you for hosting a fantastic ride Kathy, complete with great weather! Mark

UPCOMING CYCLING EVENTS

February

- 14 The Velo Love Ride, Gridley, CA
<http://www.chicovelo.org/velo-love-ride-february.html>
- 20 Pedaling Paths to Independence, Linden, CA
<http://www.communitycenterfortheblind.org/pedaling-paths/>
- 20 Camino Real Double Century, Irvine, CA
<http://planetultra.com/portfolio/camino-real-double-century-poker-run/>
- 27 Cycle for Survival, SF and Palo Alto, CA

<https://www.cycleforsurvival.org/events/sanfrancisco>

March

- 12 Solvang Century & 1/2 Century, Solvang, CA
- 13 Seniorita Century Women's Bike Ride, San Marcos, CA

<https://www.californiagirlseries.com/senorita-century-san-diego-ca?v=7516fd43adaa>

UPCOMING TOUR

PASO ROBLES 2016 – from Wednesday, May 25th to Friday, May 27th riding from Sunol to Paso Robles and the Great Western Bicycle Rally. There will be two nights of lodging in Hollister and King City. The total cost of the trip is anticipated to be \$350.00 or less. This includes lodging, truck rental, two lunches, snacks, drinks, etc. (community food). SAG will be provided, any volunteers? Unlimited number of riders. If interested please sign up ASAP with a \$200.00 deposit (made payable to Valley Spokesmen). For additional information you may contact Bonnie Powers at 925-828-5299 or b-powers@att.net.

VALLEY SPOKESMEN AFFILIATIONS

- Adventure Cycling – www.adventurecycling.org
- Bay Area Ridge Trail Council – www.ridgetrail.org
- Bike East Bay – www.bikeeastbay.org (formerly EBBC)
- Bicycle Trail Council of the East Bay - www.btceb.org
- C.B.C. - California Bicycle Coalition - www.calbike.org
- California State Parks Foundation - www.parks.ca.gov
- East Bay Regional Parks - www.ebparks.org
- Greenbelt Alliance – www.greenbelt.org
- L.A.B. - League of American Bicyclists - www.bikeleague.org
- National Parks Conservation Association - www.npca.org
- Nature Conservancy – www.nature.org/legacy
- Planning and Conservation League - www.pcl.org
- Rails to Trails – www.railstotrails.org
- Yosemite Conservancy

VALLEY SPOKESMEN EXECUTIVE BOARD MEETING

January 13, 2016
7:00pm – 6640 Spruce Ln., Dublin, CA
Present: Steve Whelan, Dianne Thompson, Bonnie Powers, Jim Duncan, Kathy Koos, Rob Delfosse, Rebecca Woods
Absent: Don Carpenter

CALL TO ORDER by Steve at 7:07 p.m.
APPROVE DECEMBER EXECUTIVE MINUTES – Bonnie made a motion to approve the December Minutes, Jim seconded the motion and all voted in favor. Minutes approved. Steve affirmed that we're just approving the Executive minutes. The General Minutes will be approved at the General Meeting in March, 2016.

TREASURER'S REPORT--Don was absent so no report was given.

OLD BUSINESS

Ride Report - Rob Delfosse talked about a ride from Mountain House to the Tiki Lagoon Resort in Stockton. Other than being chased by a few dogs and some pockets of bone chilling fog, the ride was a record breaking flat ride for all of 2015 VS hosted rides. Kathy and Dianne will be teaming up in

2016 to offer rides with varying degrees of challenges in order to provide diverse riding opportunities for all level of riders in the Club.

VS Website – Ken asked for clarification on job responsibilities throughout the club. He also asked about a Valley Spokesmen email administrator to manage the Club's email list. Bonnie agreed to recruit a manager for the list. Ken also clarified the various positions and the people responsible of those positions. A complete list is available from Kathy in her rough notes.

Ken reported the 2016 Membership has a total of 396 - 219 individual, 90 family with 87 additional family members. Last year's memberships expire on February 1, 2016. The total combined membership is 760 which includes this year's memberships and last year's memberships that have yet to renew. Current registration for Cinderella is 1,458 (33 unpaid). Current registration for the Mid winter party is 91 (5 unpaid).

Master Plans – Francie and Jim attended the Alameda County Transit Meeting which provided an update concerning all transit for the citizens of Alameda County. Francie and Jim invited all Valley Spokesmen members to attend any and all meetings with transit authorities. Francie will mail out dates of those meetings.

Correspondence – Bonnie mentioned it was that time of year again when various organizations are seeking renewals. Bob suggested that we continue to donate to those organizations we have supported in the past. Bonnie made a motion that we continue as in the past with the exception of the Yosemite Conservancy. Steve seconded the motion and all voted in favor.

NEW BUSINESS

Cinderella Status – Bonnie updated the Board with the status of Cinderella. There is a concern regarding using the venue at Concannon. Jim mentioned a proposal being circulated among other cycling clubs to provide compensation by way of free participation in the other club's cycling events. Steve made a motion to provide compensation up to 20 registrations to be distributed to other clubs. Bonnie seconded the motion and all voted in favor. Steve suggested coming up with general parameters for purchases for Cinderella. Jim will have a general plan for Cinderella at the next board meeting.

Paso Robles – Bonnie brought the Board up to date with plans for Paso Robles. The event will occur from Wednesday to Friday over Memorial Day weekend. Reservations are being made in King City and/or Hollister. Steve mentioned the need to get a message out to the club regarding the event. Ken asked about a deposit for Paso Robles. Bonnie suggested \$200.00.

Mid-Winter Party Status – Kathy provided an update on the Mid-winter party.

Update on MDSP meeting on Bike Safety – Steve provided a summary of the MDSP meeting attended by Steve, Dianne, Jim, Francie and Al Kalin. Al Kalin would like to use the Valley Spokesmen name in correspondence with continued efforts towards safety. Bonnie made the motion, Steve seconded it and all approved.

Formation of a Working Sub Team to Develop Plans for 2016 – Tabled until March. Jim will cover for March General Meeting.

Valley Spokesmen Market Place on Website – Steve gave an update on the status of the marketplace on the Valley Spokesmen website. The marketplace will be open to the public, however only Valley Spokesmen members will be allowed to post on it. The site is in need of an administrator. Kathy agreed to administer the marketplace.

GOOD OF THE ORDER

Bonnie asked if everyone would be happy if we go back to

Wells Middle School for the annual swap meet. Everyone agreed.

Bonnie mentioned that we have 45 outstanding sign up sheets that have not been turned in. Rob will send out a reminder for hosts to turn in sign-in sheets.

The February Executive meeting is cancelled (there will not be a quorum present).

Post meeting, Dianne and Kathy agreed that Dianne would administer the Marketplace.

Meeting adjourned at 8:11 p.m. to General Membership Meeting March 2, 2016 at Round Table Pizza, 7841 Amador Valley Rd., Dublin, CA at 7:00p.m.

Respectfully Submitted,

Kathleen Koos, Secretary

Valley Spokesmen Bicycle Club Correspondence January 2016

Correspondence sent:

1. Check to Pitney Bowes Global Financial Services LLC for postal meter lease.
2. Check to Cycle California! Magazine for advertisement of Cinderella Classic/Challenge.
3. Check to Minuteman Press for printing of January newsletter.
4. Check to James Paulos for storage boxes for past ride sign-up sheets.
5. Check to Business Card (B of A) for charge account.
6. Replacement check to Janet/Doug Ondricek for Livermore Sights and Sounds parade.
7. Check to Purchase Power for postage for meter.
8. Check to Contra Costa County for Cinderella Classic/Challenge permit.
9. Check to City of Livermore for Cinderella permit.
10. Letters to Castlewood Country Club and Castlewood Property Owners' Association notifying them of Cinderella.
11. Required letters to California Highway Patrol – Martinez; Contra Costa County Sheriff's Department; and Contra Costa County Fire Protection District.
12. Letters of welcome to old/new members. Membership for 2016 stands at 455 members.

Correspondence received:

1. Thank you letter from California Bicycle Coalition for \$1000.00 donation.
2. Thank you letter from Bike East Bay for \$1000.00 donation.
3. Thank you letter from Asian Women's Shelter for Cinderella donation.
4. Request for financial assistance from various organizations.
5. January copy of *Sunset* magazine.
7. Newsletters and magazines from various clubs, organizations and businesses.

🚲 VALLEY SPOKESMEN CLUB GEAR 🚲

Contact Jim Duncan for club gear:

hey-you@comcast.net or 925-209-1369

The following Valley Spokesmen clothing is available:

| | |
|---|---------|
| short sleeve jersey - club cut - | \$65.00 |
| short sleeve jersey - women's cut - | \$65.00 |
| long sleeve jersey - (to be discontinued) | \$70.00 |
| sleeveless wind shell vest - | \$60.00 |
| long sleeve jacket - (to be discontinued)..... | \$69.99 |
| shorts - women / men - | \$58.00 |
| bib shorts - (to be discontinued)..... | \$65.00 |

arm warmers\$30.00
 gloves - yellow, blue, black - *(changing to blue & black only)* -
\$27.00
 socks - white, yellow, black - *(changing to blue & black only)* -
\$7.00

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| FINAL MILEAGE FOR 2015 Member Miles | | | |
|--|----------------|-----------|-------------|
| Name | Total of Miles | Rides Led | Total Rides |
| Agostino, Val | 329 | 0 | 8 |
| Allen, Cason | 309 | 0 | 8 |
| Allen, Joe | 1817 | 3 | 48 |
| Ammann, Alicia | 279 | 0 | 6 |
| Bachman, Janette | 246 | 0 | 6 |
| Ball, Karin | 586 | 4 | 15 |
| Barbier, Larry | 1819 | 0 | 56 |
| Barnett, Bob | 2200 | 0 | 52 |
| Bartlett, Christine | 308 | 0 | 7 |
| Bezdek, Larry | 2665 | 0 | 61 |
| Blain, Bob | 484 | 0 | 13 |
| Blanco, Gail | 3732 | 46 | 82 |
| Buckingham, Charles | 627 | 0 | 18 |
| Busch, Ray | 217 | 0 | 5 |
| Carey, Liz | 235 | 0 | 5 |
| Carhart, Dan | 2666 | 40 | 74 |
| Carpenter, Don | 1946 | 0 | 54 |
| Castaneda, Ana | 225 | 0 | 3 |
| Castleman, Ellen | 368 | 0 | 8 |
| Cheng, Joe | 2677 | 9 | 62 |
| Choy, Serena | 1560 | 0 | 54 |
| Chronister, Kelli | 238 | 0 | 5 |
| Cohen, Sahrye | 231 | 0 | 6 |
| Conger, Jim | 595 | 6 | 19 |
| Cosin, Wendy | 2683 | 21 | 71 |
| Crawford, Erin | 343 | 0 | 7 |
| Crawford, Marlowe | 491 | 0 | 10 |
| Crawford, Matt | 383 | 0 | 8 |
| Culshaw, Pete | 3225 | 27 | 82 |
| Culshaw, Sharon | 873 | 0 | 29 |
| Cushman, Francie | 1501 | 6 | 43 |
| Dahlgard, Jackie | 599 | 0 | 9 |
| Daly, Deb | 1038 | 0 | 19 |
| Dangerfield, Melba | 386 | 0 | 10 |
| de la Motte, Janelle | 344 | 0 | 9 |
| Dedon, Erica | 672 | 1 | 16 |
| Dedon, Mark | 1805 | 2 | 45 |
| Delfosse, Rob | 2394 | 15 | 57 |
| Deornelas, Vic | 2032 | 1 | 39 |
| DePasquale, Tammy | 238 | 0 | 5 |
| Derrick, Peter | 222 | 0 | 6 |
| Donovan, Deb | 433 | 0 | 13 |
| Duncan, Jim | 2099 | 9 | 68 |
| Dunning, Clay | 1486 | 6 | 28 |

| FINAL MILEAGE FOR 2015 Member Miles | | | |
|--|----------------|-----------|-------------|
| Name | Total of Miles | Rides Led | Total Rides |
| Dunning, Craig | 1110 | 5 | 21 |
| Duran, Veronica | 464 | 0 | 17 |
| Duvoisin, Marc | 582 | 0 | 13 |
| Dworkin, Doug | 314 | 0 | 8 |
| Eacret, Wes | 570 | 0 | 11 |
| Earby, Karen | 261 | 0 | 6 |
| Eckels, Del | 202 | 0 | 7 |
| Enriquez, Gilbert | 2092 | 0 | 52 |
| Faires, Debbie | 362 | 0 | 8 |
| Ferriere, Karen | 249 | 0 | 6 |
| Flusche, Tony | 618 | 0 | 18 |
| Frantz, Pat | 435 | 0 | 9 |
| Fraser, Jack | 298 | 0 | 7 |
| Fraser, Maribel | 284 | 0 | 6 |
| Frasier, Debbie | 921 | 0 | 23 |
| Fredricks, Larry | 504 | 0 | 13 |
| Fujii, Bob | 735 | 0 | 15 |
| Fujii, Vivian | 312 | 0 | 7 |
| Fusco, Bob | 1594 | 0 | 42 |
| Gabe, Jan | 737 | 0 | 22 |
| Garcia, Dave | 1672 | 0 | 48 |
| Gelder, Jacki | 269 | 0 | 7 |
| Golden, Jim | 202 | 0 | 5 |
| Goldman, Ken | 664 | 0 | 15 |
| Gomez, Lynnette | 448 | 0 | 11 |
| Goroff, Marc | 1356 | 1 | 28 |
| Graves, Gretchen | 268 | 0 | 6 |
| Green, Jan | 300 | 0 | 7 |
| Grinols, Susan | 290 | 0 | 8 |
| Groves, Susan | 585 | 0 | 15 |
| Guarienti, Faye | 388 | 0 | 8 |
| Haar, Crista | 237 | 0 | 5 |
| Hagelin, Craig | 1011 | 0 | 33 |
| Hambrech, Jeannie | 287 | 0 | 6 |
| Hampton, Julie | 1347 | 9 | 32 |
| Hansen, Renata | 1338 | 0 | 27 |
| Harral, Maria | 372 | 0 | 10 |
| Haupt, Chuck | 1245 | 0 | 36 |
| Heady, Bob | 1628 | 54 | 76 |
| Healy, Theresa | 1141 | 0 | 22 |
| Hermann, Mark | 602 | 0 | 17 |
| Hernandez, Ken | 3162 | 6 | 78 |
| Hernandez, Mary | 2499 | 3 | 65 |
| Hirt, Janice | 217 | 0 | 6 |
| Hsueh, Gary | 228 | 3 | 8 |
| Huang, Shiny | 265 | 0 | 4 |
| Huey, Jeanine | 289 | 0 | 6 |
| Jakubowski, Diane | 499 | 0 | 11 |
| Janer, Mark | 241 | 0 | 6 |

| FINAL MILEAGE FOR 2015 Member Miles | | | |
|--|----------------|-----------|-------------|
| Name | Total of Miles | Rides Led | Total Rides |
| Jensen, Cori | 244 | 0 | 8 |
| Johnson, Carinne | 294 | 0 | 6 |
| Kane, Kathy | 647 | 2 | 16 |
| Kiely, Mary Ann | 348 | 0 | 8 |
| Koos, Gary | 1126 | 0 | 19 |
| Koos, Kathy | 2670 | 23 | 47 |
| Kovisto, Mark | 209 | 0 | 5 |
| Kowalewski, Steve | 772 | 6 | 23 |
| Kriebel, Olivia | 281 | 0 | 5 |
| Kwong, James | 230 | 0 | 4 |
| Kwong, Linda | 282 | 0 | 5 |
| Kyong, Peter | 1788 | 0 | 55 |
| Lagodzinski, Andrew | 390 | 0 | 8 |
| Landini, Bonnie | 231 | 0 | 4 |
| Landini, Peter | 231 | 0 | 4 |
| Lanzas, Alberto | 2468 | 21 | 51 |
| Lark, Mary | 302 | 0 | 7 |
| Lecklikner, Jan | 216 | 0 | 4 |
| Leddon, Dave | 1767 | 0 | 45 |
| Lee, Karen Klimkosky | 240 | 0 | 7 |
| Licata, Barbara | 343 | 0 | 8 |
| Lifter, Jill | 391 | 0 | 9 |
| Lisy, Norm | 915 | 0 | 22 |
| Louis, Ken | 387 | 0 | 12 |
| Low, Ellen | 233 | 0 | 6 |
| Lowe, Diana | 266 | 0 | 9 |
| Lund, Shauneen | 286 | 0 | 8 |
| Madelo, Adele | 1205 | 0 | 29 |
| Maggio, Lauren | 422 | 0 | 11 |
| Makkink, Marjon | 340 | 0 | 8 |
| Martin, Don | 291 | 0 | 5 |
| Martin, Robin | 213 | 0 | 5 |
| Mason, Harris | 223 | 0 | 5 |
| Mayfield, Milinda | 431 | 0 | 9 |
| Meidberg, Larry | 547 | 0 | 20 |
| Mertz, Jacqueline | 1224 | 0 | 29 |
| Meyers, Leslie | 389 | 0 | 9 |
| Miller, Kristen | 453 | 0 | 10 |
| Moore, Janet | 414 | 0 | 10 |
| Moorhead, Jane | 2409 | 67 | 111 |
| Morson, Kathy | 476 | 0 | 12 |
| Moyer, Greg | 201 | 0 | 7 |
| Murdock, Kristina | 279 | 0 | 7 |
| Murphy, Julie | 414 | 0 | 7 |
| Naastrom, John | 314 | 0 | 7 |
| Nadeau, Alaine | 1025 | 0 | 34 |
| Neal, Carolyn | 200 | 0 | 4 |
| Neal, Dave | 300 | 0 | 6 |
| Newbury, Kim | 244 | 0 | 4 |

| FINAL MILEAGE FOR 2015 Member Miles | | | |
|--|----------------|-----------|-------------|
| Name | Total of Miles | Rides Led | Total Rides |
| Norek, Al | 921 | 0 | 31 |
| Nowell, Keith | 337 | 2 | 9 |
| Nowell, Linda | 433 | 2 | 10 |
| O'Boyle, Maureen | 293 | 0 | 7 |
| Ogden, Craig | 244 | 0 | 5 |
| Ogura, Patricia | 217 | 0 | 5 |
| Olenberger, Emma | 286 | 0 | 7 |
| Ondricek, Doug | 1218 | 23 | 37 |
| Ondricek, Janet | 282 | 8 | 10 |
| Page, Janie | 408 | 5 | 28 |
| Parrish, Charles | 1237 | 0 | 35 |
| Pearsons, Ruth Ann | 356 | 0 | 9 |
| Pellerin, Mary | 246 | 0 | 6 |
| Pereira, David | 1592 | 10 | 43 |
| Pham, Chris | 491 | 1 | 14 |
| Pickard, Lisa | 281 | 0 | 7 |
| Piekarski, Sharon | 446 | 0 | 10 |
| Po, Ismael | 1847 | 0 | 48 |
| Polley, Ed | 458 | 0 | 12 |
| Powers, Dick | 1203 | 0 | 26 |
| Powers, Hailey | 202 | 0 | 3 |
| Putnam, Ned | 1062 | 0 | 28 |
| Rafanelli, Pam | 613 | 0 | 12 |
| Rasmussen, Ron | 1079 | 0 | 33 |
| Rathmann, Peter | 6769 | 20 | 183 |
| Reilly, T.J. | 2238 | 0 | 69 |
| Roberts, Mary | 203 | 0 | 4 |
| Roberts, Susan | 344 | 0 | 10 |
| Roe, Joan | 285 | 0 | 7 |
| Roe, Larry | 203 | 0 | 6 |
| Rossiter, Jaynette | 1143 | 0 | 40 |
| Rossiter, Jennifer | 230 | 0 | 6 |
| Rudy, Kevin | 260 | 0 | 7 |
| Sandoval, Veronica | 296 | 0 | 8 |
| Satoutah, Brahim | 1943 | 6 | 37 |
| Seda, Marta | 443 | 0 | 10 |
| Selby, Joe | 265 | 0 | 7 |
| Serriere, Vianney | 1652 | 0 | 40 |
| Settle, Andy | 2494 | 0 | 62 |
| Shannon, Geoff | 3479 | 28 | 93 |
| Shigemoto, Lisa | 306 | 0 | 9 |
| Shum, Bart | 1546 | 0 | 30 |
| Simpson, Christy | 2710 | 6 | 86 |
| Skow, Dick | 2991 | 26 | 79 |
| Slagle, Pete | 212 | 0 | 6 |
| Smith, Jerry | 486 | 0 | 12 |
| Smith, Kimberly | 244 | 0 | 4 |
| Smith, Maren | 386 | 0 | 10 |
| Sovulewski, Larry | 321 | 0 | 23 |

| FINAL MILEAGE FOR 2015 Member Miles | | | |
|--|----------------|-----------|-------------|
| Name | Total of Miles | Rides Led | Total Rides |
| Spiegel, Joan | 672 | 0 | 17 |
| Steinbeck, Sandra | 245 | 0 | 4 |
| Stevens, Jan | 1141 | 0 | 33 |
| Stewart, Mike | 2538 | 0 | 67 |
| Strain, Kathy | 1618 | 4 | 35 |
| Strain, Robert | 1915 | 6 | 42 |
| Streit, Ron | 288 | 0 | 6 |
| Stucky, Jane | 690 | 0 | 14 |
| Sukovich, Drew | 311 | 0 | 6 |
| Talbot, Chris | 557 | 0 | 17 |
| Thieben, Kevin | 1750 | 4 | 35 |
| Thieben, Teresa | 309 | 0 | 6 |
| Thomas, Walt | 513 | 0 | 14 |
| Thompson, Dianne | 1897 | 3 | 49 |
| Tracy, Steve | 468 | 0 | 8 |
| Trublood, Lori | 226 | 0 | 6 |
| Uher, Julie | 674 | 0 | 23 |
| Uher, Will | 1290 | 0 | 30 |
| Van De Vreugde, Jim | 995 | 0 | 22 |
| van Raalte, Laurie | 698 | 1 | 15 |
| van Raalte, Marcus | 2095 | 0 | 40 |
| Vanderlip, Rob | 225 | 0 | 4 |
| Vergino, Eileen | 667 | 0 | 12 |
| Vergino, Michael | 200 | 0 | 4 |
| Ward, Dick | 1206 | 5 | 38 |
| Weiner, David | 274 | 0 | 10 |
| Weiny, Ira | 470 | 0 | 10 |
| Weiny, Lorrie | 623 | 0 | 13 |
| Whelan, Steve | 2906 | 0 | 61 |
| Williams, Siobhan | 485 | 0 | 10 |
| Wong, Liane | 366 | 0 | 8 |
| Wong, Marlene | 218 | 0 | 8 |
| Wood, Rebecca | 654 | 4 | 17 |
| Woods, Colleen | 363 | 0 | 9 |
| Woodward, Linda | 260 | 0 | 6 |
| Yantis, MarcheLe | 924 | 3 | 24 |
| York, Linda | 207 | 0 | 3 |
| Zak, Kelly | 330 | 0 | 7 |
| Zucker, Pam | 367 | 0 | 9 |

These totals represent miles ridden by club members who have covered more than 200 miles on club rides during 2015.

Total miles ridden by club members this year was **214,163!!!**
 Impressive – And a total of eleven club members received a \$100.00 gift certificate from a bike shop of their choice for leading twenty or more club rides – Congratulations!

VALLEY SPOKESMEN BICYCLE SWAP MEET

1:00 a.m. – 4:00 p.m.
 Wells Middle School – Multi-purpose
 6800 Penn Drive, Dublin, CA 94568
 Sunday, April 10, 2015
 Join us as you SWAP – Sell – or just plain Look
 For information call Bob or Bonnie Powers
 at (925) 828-5299

FREE!! FREE!! FREE!! FREE!! FREE!! FREE!!

SOME INTERESTING STATISTICS ON CLUB RIDES AND MEMBERS MILEAGE

Total club rides:

2010 – 423
2011 – 394
2012 – 494
2013 – 645
2014 – 739
2015 – 682

Total membership:

2010 – 500 – During the year 322 members rode one or more rides
2011 – 455 – During the year 278 members rode one or more rides
2012 – 492 – During the year 281 members rode one or more rides
2013 – 486 – During the year 318 members rode one or more rides
2014 – 579 – During the year 390 members rode one or more rides
2015 – 725 – During the year 451 members rode one or more rides

Total miles ridden by club members on club rides:

2010 – 161,269 miles
2011 – 145,293 miles
2012 – 188,875 miles
2013 – 245,476 miles
2014 – 262,381 miles
2015 – 214,163 miles

Top Mileage for Past Four Years

In 2012 – 1 member rode 6,156 miles
In 2013 – 1 member rode 7,298 miles
In 2014 – 1 member rode 8,074 miles
In 2015 – 1 member rode 6,769 miles

In 2010 – 6 members rode 4,000+ miles
In 2011 – 2 members rode 4,000+ miles
In 2012 – 4 members rode 4,000+ miles
In 2013 – 6 members rode 4,000+ miles
In 2014 – 8 members rode 4,000+ miles
In 2015 – 0 members rode 4,000+ miles

In 2010 – 3 members rode 3,000+ miles
In 2011 – 6 members rode 3,000+ miles
In 2012 – 7 members rode 3,000+ miles
In 2013 – 7 members rode 3,000+ miles
In 2014 – 10 members rode 3,000+ miles
In 2015 – 4 members rode 3,000+ miles

In 2010 – 6 members rode 2,000+ miles
In 2011 – 10 members rode 2,000+ miles
In 2012 – 10 members rode 2,000+ miles
In 2013 – 18 members rode 2,000+ miles
In 2014 – 22 members rode 2,000+ miles
In 2015 – 17 members rode 2,000+ miles

In 2010 – 7 members rode 1,500+ miles
In 2011 – 4 members rode 1,500+ miles
In 2012 – 8 members rode 1,500+ miles
In 2013 – 15 members rode 1,500+ miles
In 2014 – 9 members rode 1,500+ miles

In 2015 – 19 members rode 1,500+ miles

In 2010 – 12 members rode 1,000+ miles
In 2011 – 11 members rode 1,000+ miles
In 2012 – 24 members rode 1,000+ miles
In 2013 – 21 members rode 1,000+ miles
In 2014 – 23 members rode 1,000+ miles
In 2015 – 21 members rode 1,000+ miles

In 2010 – 19 members rode 750+ miles
In 2011 – 15 members rode 750+ miles
In 2012 – 23 members rode 750+ miles
In 2013 – 20 members rode 750+ miles
In 2014 – 19 members rode 750+ miles
In 2015 – 10 members rode 750+ miles

In 2010 – 35 members rode 500+ miles
In 2011 – 18 members rode 500+ miles
In 2012 – 22 members rode 500+ miles
In 2013 – 34 members rode 500+ miles
In 2014 – 31 members rode 500+ miles
In 2015 – 24 members rode 500+ miles

In 2010 – 60 members rode 250+ miles
In 2011 – 53 members rode 250+ miles
In 2012 – 54 members rode 250+ miles
In 2013 – 48 members rode 250+ miles
In 2014 – 66 members rode 250+ miles
In 2015 – 78 members rode 250+ miles

In 2015 – 109 members rode only one ride

The maximum number of club rides a member could ride during 2015 was 682.

A total of Fifty-one (51) club members agreed to be ride leaders during 2015. Special THANKS to ALL of YOU!

Of these Fifty-one members, those that stand out most led 67/58/45/40/28/26/19/18/14 rides each. THANK YOU SO MUCH!!!

VS DISCOUNT BIKE SHOPS

Missing Link, 1988 Shattuck Way
Berkeley, CA 94704 510-843-7471
www.missinglink.org

Mike's Bikes of Berkeley 2161 University Ave
Berkeley, CA 94704 510-845-BIKE (2453)
<http://mikesbikes.com/contact/berkeley-pg49.htm>

Ace Bicycle Co. 3313 Village Cr.
Castro Valley, CA 9546 510-538-5000

Castro Valley Cyclery 20515 Stanton Ave.
Castro Valley, CA 94546 510-538-1878
<http://castrovalleycyclery.com>

Eden Bicycles 3318 Village Dr.
Castro Valley, CA 94546 510-881-4000
<http://edenbicycles.com/>

Endless Cycles
3300 E Castro Valley Blvd. Ste K
Castro Valley, CA 94552 510-470-3551
<http://www.endlesscyclesonline.com>

Clayton Cyclery, 5411 Clayton Rd
Clayton, CA 94517 925-672-2522
<http://encinabicyclecenters.com>

California Pedaler 295 South Hartz Ave.
Danville, CA 94526 925-820-0345
<http://calped.com>

Danville Bike,
175 North Hartz Ave.,
Danville, CA 94526 925-837-0966
<http://www.danvillebikes.com>

Pegasus Bicycle Works 114 Propect Ave.
Danville, CA 94526 925-362-2220
www.pegasusbicycleworks.com

Fifteen Cycle, 3430 Camino Tassajara
Danville, CA 94506 925-217-4563
<http://www.6fifteencyclery.com/about/whats-6fifteen-pg60.htm>

Dublin Cyclery 7001 Dublin Blvd.
Dublin, CA 94568 925-828-8676
www.dublincyclery.com/

Livermore Cyclery, 7214 San Ramon Rd.
Dublin, CA 94568 925-829-4310
www.livermorecyclery.com

The Pedaler, 3826-A San Pablo Dam Rd
El Sobrante, CA 94803 510-222-3420
<http://www.theped.com>

Cyclepath, 22510 Foothill Blvd.
Hayward, CA 94541 510-881-8070
<http://cyclepathhayward.com>

Hank and Frank Bicycles 3377 Mt. Diablo Blvd.
Lafayette, CA 94549 925-284-BIKE
www.hankandfrankbicycles.com

Sharp Bicycle 969 Moraga Rd
Lafayette, CA 94549 925-284-9616
<http://sharpbicycle.com>

Livermore Cyclery 2752 First St.
Livermore, CA 94550
925-455-8090
www.livermorecyclery.com

Area Bikes 2424 Webster St
Oakland, CA 94612 510-763-2453
<http://bayareabikes.com>

Hank and Frank Bicycles 6030 College Ave.
Oakland, CA 94606 510-654-2453
www.hankandfrankbicycles.com

Big Dave's Bikes, 609 Gregory Ln., #120
Pleasant Hill, CA 94523 925-954-1954
<http://www.bigdavesbikes.com>

Pleasant Hill Cyclery,
25-A Crescent Dr., #607 Pleasant Hill, CA
94523 925-676-2666
www.pleasanthillcyclery.com

Bicycles Pleasanton 537 Main St.
Pleasanton, CA 94566
925-462-9777
<http://bicyclespleasanton.com>

Crank 2, 5480-9 Sunol Blvd
Pleasanton, CA 94566 925-462-4272
<http://www.crank-2.com/store>

Mike's Bikes, 6754 Bernal Ave #710
Pleasanton, CA 94566 <http://mikesbikes.com/about/mikes-bikes-of-pleasanton-pg1062.htm>

Breaking Away Bicycle Shop, 7 Ross Common
Ross, CA 94957 415-272-6847
<http://breakingawaybikes.com>

City Bicycle Works 2419 K St.
Sacramento, CA 95816 916-447-2453
<http://citybicycleworks.com>

Delta Cyclery 6555 Pacific Ave.
Stockton, CA 95209 209-951-5665

Tracy Cyclery, 130 West 11th ST., #A
Tracy, CA 95376 209-835-7151

Encino Bicycle Center 2901 Ygnacio Valley Blvd.
Walnut Creek, CA 94598 925-944-9200
<http://encinabicyclecenters.com>

Mike's Bikes, Walnut Creek 1615 North California Blvd.
Walnut Creek, CA 94596 925-954-1490
<http://mikesbikes.com/contact/walnut-creek-pg751.htm>

Sports Basement – New 1881 Ygnacio Valley Rd.
Walnut Creek, CA 94598
<http://www.sportsbasement.com/stores/walnut-creek/>

VALLEY SPOKESMEN
Bicycle Touring Club
Post Office Box 2630
Dublin, California 94568

2016 CLUB OFFICERS

| | | |
|-----------------|-----------------|--------------|
| President: | Steve Whelan | 925-964-7209 |
| Vice-President: | Dianne Thompson | 925-765-8805 |
| Treasurer: | Don Carpenter | 510-406-3205 |
| Secretary: | Kathy Koos | 925-963-8506 |

| | | |
|--------------------------|------------------|--------------|
| Admin Services Director: | Bonnie Powers | 925-828-5299 |
| Cycling Director: | Rob Delfosse | 925-522-6270 |
| Events Director: | Jim Duncan | 925-209-1369 |
| Communications Director: | Rebecca Wood | 925-577-3842 |
| Past President: | Marcus vanRaalte | 925-437-3253 |

Non Elected Positions:

| | | |
|---------------------|---------------|--------------|
| Bike East Bay Rep.: | Adele Madelo | 510-773-0693 |
| Webmasters: | Ken Hernandez | 510-329-9481 |
| | Steve Whelan | 925-964-7209 |

Community Liaisons:

| | | |
|-----------------------|-----------------|---------------|
| Alamo | Linda Kwong | 925-891-4600 |
| Castro Valley | Maureen O'Boyle | 510-582-2704 |
| Concord: | Jean Watts | 925-676-6164 |
| Danville/Diablo/MDSP: | Al Kallin | alkalin@yahoo |
| Dublin | Francie Cushman | 925-719-2256 |
| Hayward | James Paulos | 510-886-7470 |
| Lafayette | Open | |
| Livermore: | Richard Fryar | 925-872-4466 |
| Oakland | Adele Madelo | 510-773-0693 |
| Pleasanton: | Kathleen Koos | 925-963-8506 |
| Pleasant Hill: | Joan Spiegel | 925-705-7183 |
| San Ramon: | Peter Rathmann | 925-828-1973 |
| Walnut Creek: | Peter Culshaw | 925-932-0790 |

VALLEY SPOKESMEN
<http://www.valleyspokesmen.org>

2016 current club members may subscribe to the VS mailing list by following the directions at:
<http://www.valleyspokesmen.org/Sys/vs-list>

We appreciate receiving articles and photos to be printed in the newsletter. We will give articles of a timely nature priority.

You are encouraged to reprint with credit any articles in this newsletter.