This year’s Cinderella Classic ride was a big success; the weather was ideal, it did not rain, it was not too hot, and there was not too much wind; indeed, the weather was just what over 2000 women needed to ride 65+ (or 85+ miles); and it was great.

I would like to thank all of the men and women who helped to make this event possible and really fun for the women who rode. This event is not put on in a day. For some like Jim Duncan, Bob and Bonnie Powers, it is a work of love, which includes tasks every day of the year: answering questions and making arrangements for the next Cinderella that really starts before the previous one is a memory.

We have the Feather Pedals Group that, from the beginning of the year, arranges conditioning rides every Saturday to help women of all experience levels be ready to have fun on the ride. These rides have now been extended to happen throughout the year. There are other clubs all around California that put on training rides for the Cinderella to encourage and support women to cycle for fun and exercise.

The Cinderella Classic was begun in 1977 in appreciation of the women in the club who supported the men years ago when they were riding centuries and double centuries. Today the purpose of the Cinderella is to encourage women to ride for fun and exercise. Each year proceeds from the ride are donated to a number of charities. Here is a partial listing from 2013:

- Area Breast Cancer Network
- Girl Ventures
- Big Sisters of the East Bay
- Community Violence Solutions - Rape Crisis Center
- East Bay Agency for Children
- Family Violence Law Center
- Planned Parenthood - Shasta/Pacific (Diablo)
- Pregnancy Counseling Service
- Sexual Assault and Domestic Violence Center of Yolo County
- STAND! Against Domestic Violence
- Susan G. Komen Breast Cancer Foundation
- The Breast Cancer Fund
- The Child Abuse Prevention Council
- Tri-Valley Haven for Women, Inc.
- Valley Care Health Library
- Women’s Cancer Resource Center
- Women’s Health Specialists

The Cinderella Classic has been running for 38 years and has been making donations to women’s organizations in the Bay Area since the mid-2000s, from the thousands of dollars raised in that time. We are lucky to have the widespread community support of the club for this annual ride, as the club also makes donations to local police departments to help ensure everyone’s safety while participating in the fun and healthy sport of cycling.
TOURING RIDE RATINGS
All rides are rated according to predicted difficulty.
TERRAIN:
1) Generally flat with a few easy grades, suitable for beginners and casual riders.
2) Mostly easy grades with a few rolling hills, a challenge for beginners.
3) Moderate grades, some challenge for the average rider.
4) Steep grades with some relief.
5) Mostly steep grades, for strong riders.
PACE:
ND) No Drop - this means that the group will do its best not to lose any rider. No Drop is at the leader's discretion. Out of consideration to the other riders, check with the ride leader to determine whether you should ride on a particular ride.
L) Leisurely, many regroups.
M) Moderate, occasional regroups.
B) Brisk, few stops.
S) Steady, strenuous, rapid pace.

The speeds of the following ratings can be estimated by the following:
On the flattest 20-mile route (San Ramon Valley Blvd. e.g.), the average speed would be approximately:

\[
\begin{align*}
\text{L} & = 12 \text{ mph} \\
\text{M} & = 16 \text{ mph} \\
\text{B} & = 19 \text{ mph} \\
\text{S} & = 22 \text{ mph-plus}.
\end{align*}
\]

It is each rider’s responsibility to assess his or her own riding ability and fitness level and compare it to the ride rating before attempting a ride. If in doubt as to which level ride you should try, it would be best to start at the lower level and ride at that level until you feel comfortable moving on to the next level. Although there are periodic regroups and most hosts do their best to keep the group together, the only rides that are no-drop are the ones specifically stated ND.

Rides listed as “Beginner Friendly” will often times be ridden by our most experienced riders, who just prefer to ride at a more leisurely pace. They will assist newer riders if requested. There will be slower-paced riders on these rides and will sometimes be listed as ND. Rides may be listed as Beginner Friendly if the route is an out-and-back and can be done at your own pace with your own turn-around point. Calaveras would be a good example of this. If in doubt, contact the ride host to get detailed information about a specific ride.

Rides listed as “Advanced Rides” are at a fast pace where riders will work together in a pace-line with minimal / no regroups. Not recommended for new riders.

All riders are welcome to show up for any ride scheduled, as long as you are prepared for possibly riding the route alone if it is above your level. Route slips are distributed at the start of a ride unless it is listed as a Show-n-Go, in which case the group will decide the route and no route slips are used.

It is our goal to provide as many varied rides as possible and to help guide our members and guests to the rides best suited to their riding preference / experience.

MOUNTAIN BIKE RIDE RATINGS
All rides graded according to predicted difficulty as follows:
1) EASY: Mostly flat with few hills.
2) EASY/MODERATE: Increasing hills but mostly flat; of short distance.
3) MODERATE: Generally hilly terrain with some rough terrain & occasional obstacles.
4) STRENUOUS: Long, steep ascents and descents & very rough terrain.
5) MOST STRENUOUS (GONZO): Better have a few espressos before saddling up - ridiculously long, steep climbs & drops, lots of obstacles. Always bring adequate water and food.

HELMETS ARE REQUIRED ON ALL VALLEY SPOKESMEN RIDES!!
No headphones or ear buds (except hearing aids) of any type are permitted on Valley Spokesmen rides. No cell phone use while actively riding.

ATTENTION: All riders must sign a liability waiver form, which is on the ride sign-in sheet, from the ride leader. WEATHER: If there is a chance of rain, snow, sleet, hail or extreme temperatures on the day of the ride, the ride status will be posted to the VS e-mail list. Or contact the ride host before the ride for an up-date. For Mountain Bike Rides, rain 48 hours prior to the ride cancels.

DURATION OF RIDES: If you wish to know the approximate length of time for any of the following rides listed - including rest stops, lunch stops, sightseeing, etc., - please e-mail or call the ride host.

CAR POOLING: Car-pooling is strongly encouraged, particularly on the out-of-town rides. Car pools are often posted to the VS e-mail list or post one yourself

SAFETY: Bikes and cars have equal rights!!! Remember to use courtesy toward other users of the roadway and pay attention to ALL Vehicle Codes. Bicycle rider courtesy to motorists results in motorist courtesy to bicycle riders.

CODE OF CONDUCT: All Valley Spokesmen members are expected to interact with one another with respect. The use of inappropriate behavior and/or language may result in suspension leading up to expulsion from the Valley Spokesmen club. Determination of disciplinary action will be decided by the Executive Board. If you stop to take a cell phone call the group is not obligated to wait.

VERY IMPORTANT: ALL RIDES LEAVE AT THE SCHEDULED TIME INDICATED.
PLAN TO MEET 15 TO 30 MINUTES BEFORE THAT TIME!

Note: Ride changes, cancellations and additional rides are posted to the VS e-mail list and the web site ride calendar www.valleyspokesmen.org/calendar

Or http://www.tinyurl.com/8zj5rm

Be Informed: current VS members can register for the VS e-mail list:
http://www.valleyspokesmen.org/mailList.php?page=main and follow the prompts.

REGULARLY SCHEDULED RECURRING RIDES:
Ride Host:  Peter Rathmann, 925-336-0973.

SUN.5/4/14 3-M 34 miles 9:00 a.m. This ride will be a combination of old and new routes to the end of Cull Canyon and back to Dublin. It will include a climb up Sunnyslope Avenue into the Palomares Hills in Castro Valley, where we will have a short break at the Palomares Hills Park. We will then descend to E. Castro Valley Boulevard, out Crow Canyon and on to the end of Cull Canyon Road. The return will include a stop at Bodi's Java for refreshments. Travel back to Dublin will utilize a jog on Palo Verde Road and the short climb up Schaefer Ranch Road to Dublin Boulevard. Meet at Shannon Center in Dublin. Take I-680 to the Alcosta exit and go south on San Ramon Rd.; turn right on Shannon Ave. and right again into the parking lot. Ride route is at http://ridewithgps.com/routes/4143432

Ride Host:  Steve Kowalewski, skowalewsk@aol.com, 510-246-2815.

MAY 2014

THUR.5/1/14 2-M 20 miles 9:30 a.m. This is a conditioning ride. It starts at Livermore Cyclery in Dublin (in shopping center at the SW corner of San Ramon Rd. and Amador Valley Blvd.). Route will be determined by participants. This is a good ride for someone getting back to riding after a lay off for any reason. Be sure to let me know so I can tailor the ride otherwise you should expect a 14-18 mph pace.

Ride Host: Bob Heady, 925-980-7989.

THUR. 5/1/14 2-M 20 miles 6:00 p.m. Regular T and T rides from Shannon Center in Dublin, on San Ramon Road between Alcosta Blvd. and Amador Valley Blvd. There are two groups, brisk and ‘relaxed pace’ - semi no-drop. Take I-680 to the Alcosta exit and go west, then south on San Ramon Rd.; turn right on Shannon and right again into the parking lot.

Ride Host: Jim Duncan, hey-you@comcast.net, 925-209-1369.

SAT.5/3/14 3-M 47 miles (75 km) 9:00 a.m. Shannon to Moraga loop. First we’ll climb over Dublin Grade to Castro Valley and then continue on scenic Redwood and Pinehurst roads to Moraga. After a short break we’ll return through Lafayette, Alamo, and Danville. Meet at Shannon Center in Dublin. From I-680 take the Alcosta exit and go west to San Ramon Road south. Turn right onto Shannon Avenue and right again into the parking lot. Bring food and fluids.

Ride Host:  Mark Dedon, 925-828-9183.

SAT.5/3/14 2-L 35 miles 10:00 a.m. Dublin ride with Rep. Eric Swalwell. A ride through Dublin with the congressman and Bike East Bay reps to discuss bicycle infrastructure plans. The ride between the Dublin BART stations will be followed at 12:00 by a loop through the Livermore vineyard area and some of the creekside paths. Meet at the Pleasanton (south) side of the Dublin/Pleasanton BART station (at Willow and Owens). Bring water and lunch to eat between the two rides.

Ride Host: Peter Rathmann, 925-336-0973.

MON. 5/5/14 Monthly meeting of Valley Spokesmen Racing Team at 6:30 p.m. at Livermore Cyclery, 2752 First Street, Livermore. Everyone welcome! Call Ted Vidnovic, 925-337-2803 or vidnovic@yahoo.com, for further information.

TUE.5/6/14 2-M 20 miles 9:30 a.m. Dublin conditioning ride – see 5/1 for details.

TUE.5/14 2-L 20-25 miles 6:00 p.m. Dublin T’n’T Ride – see 5/1 for details.

TUE. 5/6/14 Mtn-3 8-13 miles (13-21 km) 7:00 p.m. Lake Chabot Loop – Mountain bike trails. All levels are welcome. From I-580 westbound in Castro Valley take the Strobridge Avenue exit; turn right on Strobridge, right on Castro Valley Blvd., and left on Lake Chabot Road., then make a right turn on the road immediately after Arcadian Dr. and follow it up the hill to a free parking lot on the left. Since cell reception in the park is sketchy, please leave a message if you plan to ride. Bring lights.
Ride Host: Jane Moorhead, 925-980-9889.

WED. 5/7/14 2-M 65 miles This Wed. the usual Heather Farm ride will instead start at the Martinez Amtrak station at 8:30 a.m. and ride to Davis with a return on the train. Meet at the front of the station by the flagpole. The ride will go through Winters where we’ll stop for lunch and then continue to Davis with a planned return on the train at around 3 pm. High winds may postpone the ride - check the email list the morning of the ride or with the Ride Host if in doubt.
The route will be available at: http://ridewithgps.com/users/74695/routes
at least 48 hours before the ride (click on 'More details' to make this a clickable link). Be sure to check for the ride listed with the correct date.

Ride Host: Richard Skow, 925-939-6964, rcskow@astound.net for ride details.

WED.5/7/14 3-M 40 miles 9:30 a.m. Leave from San Ramon Central Park. Ride will be to the Diablo Junction and down into Walnut Creek with "re-hydration" after the ride at the San Ramon Hopyard (470 Market Place, S.R.) one block south of Central Park. Take I-680 to the Bollinger Canyon exit and go east; turn left into Central Park opposite the Market Place (if you get to Alcosta you went too far). http://ridewithgps.com/routes/2267409

Ride Host: Jim Conger, 925 876 4949, james.conger@gmail.com

WED.5/7/14 3-M/B ~ 20 miles 6:30 p.m. Weekly series of after work rides leaving from Lester Knott Park in Livermore (on Mines Rd. just north of 1st St.). Routes will vary. Meet at the park at 655 N. Mines Rd.

Ride Host: Doug Ondricek, 925-980-2490.

WED.5/7/14 NO CLUB MEETING THIS MONTH. The next club meeting is scheduled for Wednesday, June 4, 2014.

THUR.5/8/14 2-M 20 miles 9:30 a.m. Dublin conditioning ride
– see 5/1 for details.

THUR.5/8/14 3-M 40 miles 9:30 a.m. We will meet at the former Nob Hill grocery store in Livermore (S. Livermore and Pacific) and go out Mines Road to the county line and back. Bring plenty of water and energy food.

Ride Host: Merel Heggelund, 925-989-8867.

THUR. 5/8/14 2-M 20-25 miles 6:00 p.m. Dublin T’n’T Ride
– see 5/1 for details.

FRI. 5/9/14 2-L/M No Drop 25-35 miles 9:30 a.m. This Odd Friday series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcome! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly)

Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

SAT. 5/10/14 5-M 52 miles 9:00 a.m. Woodside to Tunitas Creek. We will ride from Woodside up Old La Honda Road to Hwy 35, then continue down to Pescadero. From Pescadero we’ll take Stage Road to San Gregorio and then out to Hwy 1. Our return will be via Tunitas Creek and down Kings Mountain back to Woodside. Meet at the Woodside City Hall. Take the San Mateo Bridge (Hwy 92 W) to I-280 S; take exit 25 for CA-84/Woodside Rd. City Hall parking lot is located on the left side of Woodside Rd. before Robert’s Market. Bring plenty of water and food or money to buy. …….. (Advanced Ride)

Ride Host: Brahim Satoutah, 925-963-7024, bsatoutah@comcast.net

SUN.5/11/14 3-M 30 miles 9:00 a.m. Starting at Shannon Center we’ll ride south to Sunol and then continue down Niles Canyon before climbing Palomares Rd. We’ll return over Dublin Canyon Rd. and the Schaefer Ranch development. Meet at Shannon Center; take I-680 to the Alcosta exit and head south on San Ramon Rd.; turn right on Shannon Rd. and right again into the parking lot.

Ride Host: Peter Rathmann, 925-336-0973.

MON. 5/12/14 2-3 M 30 - 45 miles 9:00 a.m. Even-Monday rides. We are riding from San Ramon’s Central Park to the Livermore/Pleasanton/Dublin areas. Central park is located at the intersection of Bollinger and Alcosta Blvd., across from the SR Library. Bring water and fuel or money for our coffee stop along the way. Please check VS online calendar for updates. (Advanced Ride - minimum regroups) Rain or significant chance of rain will cancel this ride.

Ride Host: Alberto Lanzas, 510-825-9581.

MON. 5/12/14 2-L/M 25-50 miles 9:00 a.m. Heather Farm Ride - see 5/5 for details.

MON. 5/12/14 Pre-trip meeting for those riding to Paso Robles May 21-23, at the home of Bob and Bonnie Powers, 6640 Spruce lane, Dublin at 7:00 p.m. Take San Ramon Road to Amador Valley Blvd., go east, turn right on York Dr., turn right on Spruce lane.

TUE.5/13/14 2-M 20 miles 9:30 a.m. Dublin conditioning ride
– see 5/1 for details.

TUE. 5/13/142-M/B 20-25 miles 6:00 p.m. Dublin T’n’T Ride – see 5/1 for details.

TUE. 5/13/14 Mtn-3 8-13 miles (13-21 km) 7:00 p.m. Lake Chabot Evening MTB Ride – see 5/6 for details.

WED.5/14/14 2-L/M 25-50 miles 9:00 a.m. Heather Farm Ride – see 5/5 for details.

WED.5/14/14 3-M/B ~ 20 miles 6:30 p.m. Livermore Wed. After Work Ride – see 5/7 for details.

WED. 5/14/14 Executive Board Meeting at the home of Bob and Bonnie Powers, 6640 Spruce lane in Dublin at 7:00 p.m. Take San Ramon Road to Amador Valley Blvd.; go east; turn right onto York Drive; turn right onto Spruce Lane.

THUR.5/15/14 2-M 20 miles 9:30 a.m. Dublin conditioning ride
– see 5/1 for details.

THUR. 5/15/14 2-M/B 20-25 miles 6:00 p.m. Dublin T’n’T Ride
– see 5/1 for details.

SAT.5/17/14 2-L/M 30-40 miles 9:30 a.m. Monthly Feather Pedals Ride. Today we’ll start at Draeger’s Market in
Blackhawk Plaza. The Classic route will loop through Alamo and Danville and the Challenge will add an out-and-back to the Diablo Junction. Take Blackhawk Rd. north from the intersection of Crow Canyon and Camino Tassajara and take the first right into the shopping center; park on the left. Check the online calendar for the route details. The ride will be SAG-and sweep-supported.

Ride Host: Carol DaShiell, cd31416@yahoo.com

SUN. 5/18/14 3-L/M 47 miles (75 km) 8:30 a.m. Dublin to Moraga loop. First we'll climb over Dublin Grade to Castro Valley and then continue on scenic Redwood and Pinehurst roads to Moraga. After a short break we'll return through Lafayette, Alamo, and Danville. Meet at Shannon Center in Dublin. From I-680 take the Alcosta exit and go west to San Ramon Road south. Turn right onto Shannon Avenue and right again into the parking lot. Bring food and fluids.

Ride Host: Peter Rathmann, 925-336-0973.

MON. – FRI. 5/19-23/14 3-M 300 miles 9:00 a.m. Coastal ride to the Great Western Rally in Paso Robles. Ride starts at the Daly City BART station and goes down the coast mainly on Hwy. 1 to Cambria and then heads east to Paso Robles. Overnight stops are planned in Santa Cruz, Monterey, Big Sur, and San Simeon with motel and camping options at each stop. Self-contained, so each participant can carry his own gear.

Ride Host: Peter Rathmann, 925-336-0973.

MON. 5/19/14 2-L/M 25-50 miles 9:00 a.m. Heath Farm Ride - see 5/5 for details.

TUE. 5/20/14 2-M 20 miles 9:30 a.m. Dublin conditioning ride – see 5/1 for details.

TUE. 5/20/14-2-M/B 20-25 miles 6:00 p.m. Dublin T'n'T Ride – see 5/1 for details.

TUE. 5/20/14 Mtn-3 8-13 miles (13-21 km) 7:00 p.m. Lake Chabot Evening MTB Ride – see 5/6 for details.

WED. 5/21/14 2-L/M 25-50 miles 9:00 a.m. Heath Farm Ride – see 5/5 for details.

WED.-FRI. 5/21-23/13 3-M 200 miles (321 km) 7:30 a.m. Ride from Sunol to Paso Robles and the Great Western Bicycle Rally via Hollister and King City. Meet at the Sunol Railroad Station at 7:30 a.m. for a prompt departure at 8:00 a.m. Cost of lodging, two lunches, snacks, drinks etc. (community food) approximately $275.00 per person or less. Informational/planning meeting Monday, May 12th at 7:00 p.m. at the Powers' place, 6640 Spruce Ln., Dublin. Organizer: Bonnie Powers 925-828-5299.

WED. 5/21/14 3-M 40 miles 9:30 a.m. Leave from San Ramon Central Park. Ride will be to the Diablo Junction and down into Walnut Creek with "re-hydration" after the ride at the San Ramon Hopyard (470 Market Place, S.R.) one block south of Central Park. Take I-680 to the Bollinger Canyon exit and go east; turn left into Central Park opposite the Market Place (if you get to Alcosta you have gone too far).

Ride Host: Jim Conger, 925 876 4949, james.conger@gmail.com

WED. 5/21/14 3-M/B ~ 20 miles 6:30 p.m. Livermore Wed. After Work Ride – see 5/7 for details.

THUR. 5/22/14 2-M 20 miles 9:30 a.m. Dublin conditioning ride – see 5/1 for details.

THUR. 5/22/14 3-M 40 miles 9:30 a.m. We will meet at the former Nob Hill grocery store in Livermore (S. Livermore and Pacific) and go out Mines Road to the county line and back. Bring plenty of water and energy food.

Ride Host: Merel Heggelund, 925-989-8867.

THUR. 5/22/14-2-M/B 20-25 miles 6:00 p.m. Dublin T'n'T Ride – see 5/1 for details.

FRI. 5/23/14 2-L/M No Drop 25-35 miles 9:30 a.m. This Odd Friday series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly)

Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

SAT. 5/24/14 2-L 31 miles 9:00 a.m. No Drop. South Livermore and Pleasanton. Starting at the former Nob Hill location at S. Livermore and Pacific Aves., we'll ride through some scenic areas on the south side of Livermore and Pleasanton including Sycamore Grove Park, "Tuscany" hills, Vineyard Avenue, Stoneridge, W. Jack London, and the Arroyo Mochi Trail. This is a no-drop ride intended to be beginner-friendly and attract Feather Pedalers. Take I-580 to the N. Livermore Ave. exit and go south through town; turn left at Pacific Ave. and park in the shopping center at the NE corner of the intersection. After ride socializing at Blacksmith Square in downtown Livermore. Please print your own route sheet; I do not have a printer and cannot print any route sheets. Link to map and route sheet:

http://ridewithgps.com/routes/4450507

Ride Host: Charles Parrish, cpparrish3@msn.com

SUN. 5/25/14 4-L/M/B 39 miles 10:00 a.m. Ride to the summit of Mt. Hamilton and visit the Lick Observatory. A long climb but not too steep. Meet at the corner of Alum Rock Ave. and Mt. Hamilton Rd. Take I-680 to the Alum Rock exit and go east; park by the side of the road at the Mt. Hamilton Rd. intersection. Bring plenty of water and energy food.

Ride host: Merel Heggelund, 925-989-8867.

MON. 5/26/14 2-L/M 25-50 miles 9:00 a.m. Heath Farm Ride - see 5/5 for details.

MON. 5/26/14 2-3 M 30 - 45 miles 9:00 a.m. Even-Monday rides. We are riding from San Ramon’s Central Park at the intersection of Bollinger and Alcosta Blvd., across from the SR Library. Bring water and fuel or money for our coffee stop along the way. Please check VS calendar for updates. (Advanced Ride - minimum regroups) Rain or significant chance of rain will cancel this ride.

Ride Host: Alberto Lanzas, 510-825-9581.

TUE. 5/27/14 2-M 20 miles 9:30 a.m. Dublin conditioning ride – see 5/1 for details.
**MON. 6/2/14** Monthly meeting of Valley Spokesmen Racing Team at 6:30 p.m. at Livermore Cyclery, 2752 First Street, Livermore. Everyone welcome! Call Ted Vidnovic, 925-337-2803 or vidnovic@yahoo.com, for further information.

**TUE. 6/3/14** 2-M 20 miles 9:30 a.m. Dublin conditioning ride – see 5/1 for details.

**TUE. 6/3/14** Mtn-3 20-25 miles 6:00 p.m. Dublin T’n’T Ride – see 5/1 for details.

**TUE. 6/3/14** Mtn-3 8-13 miles (13-21 km) 7:00 p.m. Lake Chabot Evening MTB Ride – see 5/6 for details.

**WED. 6/4/14** 2-L/M 25-50 miles 9:00 a.m. Heather Farm Ride – see 5/5 for details.

**WED. 6/4/14** 3-M 40 miles 9:30 a.m. Leave from San Ramon Central Park. Ride will be to the Diablo Junction and down into Walnut Creek with "re-hydration" after the ride at the San Ramon Hopyard (470 Market Place, S.R.) one block south of Central Park. Take I-680 to the Bollinger Canyon exit and go east; turn left into Central Park opposite the Market Place (if you get to Alcosta you have gone too far).

**Ride Host:** Joe Allen, 925 708-7692.

**WED.5/28/14** 3-M/B ~ 20 miles 6:30 p.m. Livermore Wed. After Work Ride – see 5/7 for details.

**THUR.5/29/14** 2-M 20 miles 9:30 a.m. Dublin conditioning ride – see 5/1 for details.

**THUR. 5/29/14** 142-M/B 20-25 miles 6:00 p.m. Dublin T’n’T Ride – see 5-1 for details.

**SAT. 5/31/14** 2.5-L/M 40 miles 9:00 a.m. Shannon to Sunol Regional Park. A casual ride from Dublin to Sunol and on out to the Sunol/Olhone Regional Park off Calaveras Road. Return will be back via Calaveras Road, Sunol/Pleasant Hill Road to Happy Valley, then through Pleasanton. Coffee stop scheduled at Peet's at Hopyard and Valley. Final return through Pleasanton BART station, bike trails and surface streets back to Shannon Park. Approximately 1,200 feet of climbing. **Route:** [http://ridewithgps.com/trips/1131952](http://ridewithgps.com/trips/1131952) Meet at Shannon Center; take I-680 to Alcosta exit and go south on San Ramon Rd.; turn left on Shannon Rd. and left into the parking lot.

**Ride Host: Steve Kowalewski, 510-246-2815.**

**JUNE 2014**

**SUN.6/1/14** 3 L/M, M, M/B 52-60 miles 9:30 a.m. **Regular 1st Sunday Ride.** We will be riding a 45-55 mile loop from San Ramon Central Park and out to Livermore. There will be a group adding on the Flynns to the route that is listed. We have a rest stop at the Starbucks in N. Vasco and Scenic, as well as the Starbucks on Vineyard in Livermore, before returning to San Ramon. Please feel free to join us and ride at your own pace. The route can be shortened after the 1st rest stop by returning on Greenville to Tesla and continuing on the route. Significant chance of rain will cancel this ride. **Route:** [http://ridewithgps.com/routes/3888766](http://ridewithgps.com/routes/3888766)

**Ride Host: Julie Hampton, 510-685-7103**

**MON. 6/2/14** 2-L/M 25-50 miles 9:00 a.m. **Heather Farm Ride** - see 5/5 for details.

**TUE. 5/27/14** 142-M/B 20-25 miles 6:00 p.m. **Dublin T’n’T Ride** – see 5/1 for details.

**TUE. 5/27/14 Mtn-3 8-13 miles (13-21 km) 7:00 p.m. Lake Chabot Evening MTB Ride** – see 5/6 for details.

**WED. 5/28/14** 3-M 40 miles 9:30 a.m. Leave from San Ramon Central Park. **Ride will be to the Diablo Junction** and down into Walnut Creek with "re-hydration" after the ride at the San Ramon Hopyard (470 Market Place, S.R.) one block south of Central Park. Take I-680 to the Bollinger Canyon exit and go east; turn left into Central Park opposite the Market Place (if you get to Alcosta you have gone too far).

**Ride Host: Joe Allen, 925 708-7692.**

**WED.5/28/14** 3-M/B ~ 20 miles 6:30 p.m. Livermore Wed. After Work Ride – see 5/7 for details.

**THUR.5/29/14** 2-M 20 miles 9:30 a.m. Dublin conditioning ride – see 5/1 for details.

**THUR. 5/29/14** 142-M/B 20-25 miles 6:00 p.m. Dublin T’n’T Ride – see 5-1 for details.

**SAT. 5/31/14** 2.5-L/M 40 miles 9:00 a.m. Shannon to Sunol Regional Park. A casual ride from Dublin to Sunol and on out to the Sunol/Olhone Regional Park off Calaveras Road. Return will be back via Calaveras Road, Sunol/Pleasant Hill Road to Happy Valley, then through Pleasanton. Coffee stop scheduled at Peet's at Hopyard and Valley. Final return through Pleasanton BART station, bike trails and surface streets back to Shannon Park. Approximately 1,200 feet of climbing. **Route:** [http://ridewithgps.com/trips/1131952](http://ridewithgps.com/trips/1131952) Meet at Shannon Center; take I-680 to Alcosta exit and go south on San Ramon Rd.; turn left on Shannon Rd. and left into the parking lot.

**Ride Host: Steve Kowalewski, 510-246-2815.**

**TUE. 6/3/14** 2-M 20 miles 9:30 a.m. Dublin conditioning ride – see 5/1 for details.

**TUE. 6/3/14** Mtn-3 20-25 miles 6:00 p.m. Dublin T’n’T Ride – see 5/1 for details.

**TUE. 6/3/14** Mtn-3 8-13 miles (13-21 km) 7:00 p.m. Lake Chabot Evening MTB Ride – see 5/6 for details.

**WED.6/4/14** 2-L/M 25-50 miles 9:00 a.m. Heather Farm Ride – see 5/5 for details.

**WED.6/4/14** 3-M 40 miles 9:30 a.m. Leave from San Ramon Central Park. Ride will be to the Diablo Junction and down into Walnut Creek with "re-hydration" after the ride at the San Ramon Hopyard (470 Market Place, S.R.) one block south of Central Park. Take I-680 to the Bollinger Canyon exit and go east; turn left into Central Park opposite the Market Place (if you get to Alcosta you went too far).

**Ride Host: Jim Conger, 925 876 4949, james.conger@gmail.com**

**WED.6/4/14** 3-M/B ~ 20 miles 6:30 p.m. Livermore Wed. After Work Ride – see 5/7 for details.

**WED.6/4/14** 7:00 p.m. **CLUB MEETING**. Non-members and members alike, join us at Round Table Pizza in Dublin, located in the shopping center on the north side of Amador Valley Blvd, just east of San Ramon Road. Pizza, salad and sodas are complimentary to all attendees. Non-members - come see what our club is all about! Enjoy a pizza party on us and meet lots of people who share your interests. Entertainment for the evening TBA. Find out the answers to all your club questions, and see if we’re the club for you!

**THUR. 6/5/14** 2-M 20 miles 9:30 a.m. Dublin conditioning ride – see 5/1 for details.

**THUR. 6/5/14** Mtn-3 20-25 miles 6:00 p.m. Dublin T’n’T Ride – see 5/1 for details.

**FRI.-SUN. 6/6-8/14** 3-M Mt. Shasta Area Rides. RSVP to Ride Host.

**Ride Host: Doug Ondricek, 925-980-2490.**

**MON. 6/9/14** 2-L/M 25-50 miles 9:00 a.m. **Heather Farm Ride** - see 5/5 for details.

**TUE. 6/10/14** 2-M 20 miles 9:30 a.m. **Dublin conditioning ride** – see 5/1 for details.

**TUE. 6/10/14** Mtn-3 20-25 miles 6:00 p.m. Dublin T’n’T Ride – see 5/1 for details.

**TUE. 6/10/14** Mtn-3 8-13 miles (13-21 km) 7:00 p.m. Lake Chabot Evening MTB Ride – see 5/6 for details.

**WED.6/11/14** 2-L/M 25-50 miles 9:00 a.m. **Heather Farm Ride** – see 5/5 for details.
WED. 6/11/14 3-M/B 20 miles 6:30 p.m. Livermore Wed. After Work Ride -- see 5/7 for details.

WED. 6/11/14 Executive Board Meeting at the home of Bob and Bonnie Powers, 6640 Spruce Lane in Dublin at 7:00 p.m. Take San Ramon Road to Amador Valley Blvd; go east; turn right onto York Drive; turn right onto Spruce Lane.

THUR. 6/12/14 2-M 20 miles 9:30 a.m. Dublin conditioning ride -- see 5/1 for details.

THUR. 6/12/14-2 M/B 20-25 miles 6:00 p.m. Dublin T’n’T Ride -- see 5/1 for details.

FRI. 6/13/14 2-L/M No Drop 25-35 miles 9:30 a.m. This Odd Friday series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly)

THUR. 6/12/14 2-M 20 miles 9:30 a.m. Dublin conditioning ride -- see 5/1 for details.

WED. 6/11/14 Executive Board Meeting at the home of Bob and Bonnie Powers, 6640 Spruce Lane in Dublin at 7:00 p.m. Take San Ramon Road to Amador Valley Blvd; go east; turn right onto York Drive; turn right onto Spruce Lane.

THUR. 6/11/14 2-M 20 miles 9:30 a.m. Dublin conditioning ride -- see 5/1 for details.

THUR. 6/12/14-2 M/B 20-25 miles 6:00 p.m. Dublin T’n’T Ride -- see 5/1 for details.

FRI. 6/13/14 2-L/M No Drop 25-35 miles 9:30 a.m. This Odd Friday series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly)

Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

PLEASE NOTE --- HERE ARE RIDE OPPORTUNITIES AND CLINICS IN ADDITION TO OUR REGULAR SCHEDULE

DAILY LUNCHE TIME TRAINING RIDES: Join members of the Valley Spokesmen Racing Team and Lawrence Livermore Cyclotrons for daily training rides. Rides are 20-25 miles at a fast/brisk pace. Meet at 11:30 a.m., Monday through Friday, at the Lawrence Livermore National Laboratory Visitors Center on Greenville Road. NOTE: The group tends to split into fast and slow packs, so there is an option for a less vigorous pace. (Take I-580 to Greenville Road exit, go south on Greenville for about 3 miles, parking lot for the Visitors Center is on the right, look for the flagpoles). For ride/course descriptions, contact Rocco Hollaway at 925-422-9701: hollaway1@llnl.gov

EVERY SUNDAY MORNING 3-B (hilly route and brisk pace) 35 miles (56 km) 8:00 a.m. Join the VS Race Team for a 3-B 35-mile ride with 2-B option (a little less hilly). We’ll ride from the Bankhead Theater (North First St. @ S. Livermore) up Tesla, Cross Rd., Patterson Pass, South Flynn Rd. (or you can skip the Flynn climb and take Greenville), Altamont Pass Rd., residential streets to Dalton out to N. Livermore, Manning, Collier Canyon, Portola, and back to Livermore. Ride Leaders will vary. Contact Don Williams at 925-580-9395.

EVERY 1st SATURDAY morning each month. 4-S 45-60 miles (72-90 km) 9:00 a.m. Join the Wheels of Thunder and Valley Spokesmen Racing Team on a joint training ride. The ride starts in downtown Pleasanton from the parking lot on Neal Street between Main and First Streets (across from the drive-through milk store). The pace varies with re-grouping at the top of most long climbs. Most routes have turn-around points for those wanting shorter versions of the ride. All riders are welcome, but be warned that these are not entry-level rides. Each ride is a “no-drop” ride on rolling terrain that is close to 18 mph and is a good place for fit new riders to start. For information call Bob Fusco at 925-899-4027.

UPCOMING EVENTS

May
3 Tour de Cure Gold Country, Rocklin, CA
3 Wine Country Century, Santa Rosa, CA
4 Delta Century, Lodi, CA
4 Grizzly Peak Century, Moraga, CA
4 Tour de Cure Napa Valley, Napa, CA
10 Gold Country Century, Grass Valley, CA
10 Ride 2 Recovery, Sacramento, CA
10 I Care Classic Tour, Morgan Hill, CA
10 Tour of the Unknown Coast, Ferndale, CA
10 Tour de Lincoln, Lincoln, CA
10 Mother Lode Century, Lotus, CA
10 Central Coast Double, Paso Robles, CA
10 Cruisin’ the Conejo, Thousand Oaks, CA
11-18 Amgen Tour of California
17 Sunrise Century, Lodi, CA
17 Davis Double Century, Davis, CA
17 Sonoma Backroad Challenge, Petaluma, CA
17 Heartbreak Hundred/Double, Palmdale, CA
18 Strawberry Fields Forever, Santa Cruz, CA
21 Ride of Silence Roar, Lodi, CA
23-26 Great Western Bicycle Rally, Paso Robles, CA
31 Sierra Century, Plymouth, CA
31 Wildest Ride-Auburn Century, Auburn, CA
31 Country Coast Classic, Cambria, CA
31 Eastern Sierra Double Century, Bishop, CA
31 San Diego Century, San Diego, CA

June
1 Sequoia Century – Palo Alto, CA
1 America’s Most Beautiful Ride, Stateline, NV
1-6 NorCal Aids Cycling Challenge, SF-LA, CA
7 Fiesta Metric, San Diego, CA
Tour de Cure Silicon Valley, Palo Alto, CA  
Canyon Classic Century, Patterson, CA  
Hayfork Century, Hayfork, CA  
High Mile High, Chester, CA  
Sierra to the Sea, Lake Tahoe, CA  
Terrible Two, Sebastopol, CA  
Castle Crags Century, Mt. Shasta, CA  
Giro Bello, Sebastopol, CA  
Riding the Wild Sierra, Turtle Rock Park, CA  
Climb to Kaiser, Clovis, CA

The following Valley Spokesmen clothing is available:

- short sleeve jersey - club cut ........................................ $65.00
- short sleeve jersey - women's cut ................................. $65.00
- long sleeve jersey - (to be discontinued) ......................... $70.00
- sleeveless wind shell vest .............................. $60.00
- long sleeve jacket - (to be discontinued) ....................... $69.99
- shorts - women / men ........................................ $58.00
- bib shorts - (to be discontinued) .......................... $65.00
- arm warmers ............................................ $30.00
- gloves - yellow, blue, black - (changing to blue & black only) ........................................ $27.00
- socks - white, yellow, black - (changing to blue & black only) ........................................ 7.00

Contact Jim Duncan: hey-you@comcast.com or 925-209-1369

UPCOMING TOUR

PASO ROBLES 2014 – from Wednesday, May 21st to Friday, May 23rd, riding from Sunol to Paso Robles and the 50th Anniversary of the Great Western Bicycle Rally. There will be two nights' lodging in Hollister and King City. The total cost of the trip is anticipated to be $275.00 per person (double occupancy). This includes lodging, truck rental, two lunches, snacks, drinks, etc. (community food). SAG will be provided, any volunteers? Unlimited number of riders. If interested please sign up ASAP with a $200.00 deposit (check made payable to the Valley Spokesmen). For additional information you may call Bonnie, at 925-828-5299 or bpowers@att.net.

NEWS FROM BIKE EAST BAY
(Formerly East Bay Bicycle Coalition)

Caltrans Announcement Heralds Change on Our Streets

At our NACTO Cities for Cycling VIP Reception Tuesday, April 13th, Caltrans Director Malcolm Dougherty announced that California is the 3rd state in the nation to endorse innovative bikeway designs of the NACTO Urban Bikeway Design Guide. Many thanks to our partners at CalBike who lobbied hard for this in Sacramento. This exciting announcement means that in coming years you will see the pace of change on our streets accelerate. Caltrans approved implementation of a new innovative “toolbox” of bikeway designs that make roadway space safe and accessible for all, including those on bike and foot. The endorsement of the NACTO guide will make it easier for cities to put protected bikeways, green lanes, bike boxes and other safety treatments on our streets.

“This is an enormous step forward for innovation in transportation at the state and local level in California. It is
huge and should open the floodgates for creativity in designing and building our streets with a focus on moving and connecting people safely and effectively so that our businesses and communities can truly thrive,” says Bryan Jones, Fremont Public Works Director.

And that is not all - we are working to make sure Alameda County voters approve a 4-fold increase in bike and pedestrian funding this November to build networks of these great new bikeways. And did you hear about bike share coming to the East Bay? Stick with us, we’re rolling toward a year to remember.

* * * * * * * * * * * * * * * * * * * * * * * * * * * * * * *

**Route map of Tour of California, May 13, 2014**
San Jose to Mt. Diablo State Park

**Valley Spokesmen Bicycle Touring Club**
**Executive Board Meeting Minutes**

**April 9, 2014**

Meeting called to order at 7:02pm by President, Marcus Van Raalte.

**Present:** Marcus Van Raalte, Bob Heady, Dan Carhart, Bonnie Powers, Peter Rathmann, Emma Olenberger, Julie Hampton, Gail Blanco, Jane Moorhead, Jim Duncan, James Paulos, Marcia Seeger, and Ken Hernandez.

**Absent:** Mark Dedon

**March Minutes:** March’s minutes were approved as corrected by Jim Duncan, seconded by Bonnie Powers, and unanimously approved.

**Treasurer’s Report:** Dan Carhart reported no anomalies in the financials and the club is solvent.

**OLD BUSINESS:**

**Ride Report:** Peter Rathmann reported the standout items are Feather Pedal training rides and the Cinderella itself. Additionally, the Dunning brothers led a successful 6-day “boot camp” with only 1 rained-out day. Unfortunately, one of the hosts fell & suffered 2 broken bones but rode the whole way back (32 mi.) without knowing the extent of his injuries.

**V.S. Website:** Ken Hernandez added Cinderella photos to the website. He also met with Karin Ball & Lori Trublood to discuss adding more Feather Pedals content to the Valley Spokesmen website and the possibility of including a member forum for announcements and discussion. Ken also discussed online membership applications. Some people haven’t turned in a hard copy of the membership form with “wet signatures”, even though they’ve signed up online and paid. Ken has attempted to contact these people. Bottom line: You are not considered a member until Valley Spokesmen has received the wet signature. Additionally, these people are not members and we can’t give them access to the “members only” section.

**Ride Library:** Ken Hernandez also discussed putting the ride library in a public place with a disclaimer similar to the disclaimer on the North County Cycle Club. It was moved by Jane Moorhead, seconded by Gail Blanco and unanimously approved to put the disclaimer on the website. Additionally, Gail Blanco announced Alberto Lanzas will be adding rides to the library.

**Bicycle Master Plans:** No representative was present to give updates.

**Correspondence:** Volunteers are needed at aid stations for Alameda County Bike to Work Day (through Bike East Bay) on May 8th. Please contact Bonnie Powers if you wish to volunteer by April 30th.

**NEW BUSINESS:**

**Cinderella Recap:** Bonnie Powers gave stats for Cinderella. It was a successful event with twelve states represented.

**Swap Meet Recap:** The swap meet went well. The new hours – 1-3pm – was enough time for the event. Fortunately, we were able to stage the swap meet outside due to the beautiful
weather. If weather permits, we will stay outside (although we’ll sign up for the cafeteria in case of inclement weather).

Wente Race/Criterium Update: The volunteer sign-up link is on the VS home page. Meredith Nielson sent a “pay it forward” email that generated responses.

Paso Robles Update: To date, 11 rooms have been filled and 15 rooms have been secured for the May trip to Paso Robles. Bonnie Powers can add additional rooms if there is interest. Valley Spokesmen does a chicken dinner on Sunday night at the GWBR barbeque when VS assists the rally by setting up the leftover food from the previous evening’s Wine and Cheese tasting, at a cost of $3.00 for Valley Spokesmen members.

News Brief brochure: The latest brochure was printed with a very quick turnaround (thanks to Dan Carhart) and will be put on bike shop shelves this week. E-Board was encouraged to read & bring their copy to their favorite coffee shop or library for additional exposure.

UPDATES ON PENDING ITEMS:

SOS (Save Open Space): Jim Duncan commented there is no update to this and will be dropped.

Organizational Chart: Jane Moorhead presented a new organizational chart. The Board is asked that we write down what we believe our job description is, what we each believe we were elected to do, and what other jobs we do (outside of our description). Jane will provide a template form.

By-Law Changes: Julie Hampton received the business card of the person Bob Heady talked with and will contact that attorney to see what constitutes a quorum under the current By-Laws, so that a valid vote can be taken at the next General Meeting of the membership.

GOOD OF THE ORDER:

Policies and Procedures Committee (P&P Committee): Dick Ward asked “Where should we go from here?” as they have been working on Cinderella procedures and need clear guidance from the full Board. The direction to the committee is to continue documenting event procedures (Cinderella, Paso Robles, TOSRD) for future club use, beginning with completion of Cinderella documentation.

Ride Report: Peter Rathmann asked if the ride report will be continued as an agenda item. Moving forward, the ride coordinators will work with ride hosts to ensure the information is correct for the newsletter. The ride coordinators will email the report to the Board for review and comment, giving the Board 5 days review time.

There being no further business, the meeting was adjourned at 8:30pm to the Executive Board meeting on May 14, 2014 at 6640 Spruce Ln., Dublin, CA.

Respectfully Submitted,

Julie Hampton

Recording Secretary
CINDERELLA COMMENTS

Cinderella has been washed, packed, stored and put to bed for another year. It was a very successful, happy and memorable day for the riders and we will be forwarding the comments from the Cinderella’s. Many, many thanks from all the Cinderella’s to the energetic volunteers for great support on their special day. Hope you had as good a time as they did. Great excitement and fun at the fairgrounds finish, with families & friends gathered for celebration and fine vendors offering bargains at the Expo. So now we start on the 39th Cinderella Classic / Challenge on April 18th, 2015. B & B & Prince C

Here are some interesting stats:

- 2224 registered riders; 1867 on the road
- 150 did the challenge loop
- 12 states were represented – MA; NY; VA; AL; NV; TX; UT; OR; WA; CO; AZ; CA
- 252 Cities were represented, the largest being San Francisco; then Oakland, next San Jose with Pleasanton and Livermore with 100 or more riders.
- An amazing number of volunteers helped pull off this event – 174!!!
  * 29 workers Wednesday, Thursday and Friday
  * 135 workers on Cinderella day
  * 10 assisted with clean up, repacking, and storing the days after the Cinderella

A MILLION TIMES OVER, THANK YOU! We can’t do this event without you!

Now for a few comments from our Comment Book or received via email.

• Dear Prince Charming and Everyone at the Valley Spokesmen Bike Club,
  We want to send you all tremendous thanks and appreciation for making yesterday's ride FABULOUS! Our merry band of princesses had perhaps one of the best days ever, biking along together. The SAG team that followed us in to the lunch stop (hours after everyone else had rolled through) was so kind and helpful. We can't thank you enough for helping make our kids' first big bike adventure a success! Here are a few pictures from our day. If you have any more we would love to see them! Cheers and see you all again next year

Gitty, Shirley, Diane and Tessa

• How wonderful the Cinderella was again this year, and with fantastic weather. We bicyclists are so blessed to have people like you who enjoy organizing such a big event year after year. Thank you so much. Linda
  • Awesome! The on-line registration was fantastic. THANK YOU!
  • Best ever, loved the smaller breakdown of letters for last names, got off quickly after entering. So well supported – food, road arrows, people at turns to guide us, WELL DONE!
  • The Feather Pedal training rides were invaluable! Thanks!
  • Very well organized ride. The rest stops came at the right time, and lines moved quickly.
  • Kudos to the Princes of Valley Spokesmen, you dialed up some fantastic weather and provided great support for all Cinderella’s.
  • Very well marked! Great food and lots of smiles. Super fun and very organized. SAG was awesome! Thanks!
  • Thanks! Food was fantastic this year. Loved grilled veggies and quinoa. XOXOXO
  • Good job on the safety. Nice to have police at dangerous intersections. Great ride!
  • Logistics were great! Food at each rest stop was great! Could not find any coffee at rest stops. Hacienda crossing freeway was too dangerous! Thanks for having the officers and crossing guards for us onto Crow Canyon and left onto Alcosta. Bento box is cute! Volunteers so friendly! Turkey wraps and pasta salad very yummy! Love the frosted animal cookies!
  • First timer here – first time riding >18 miles and I rode all 65! This was so incredibly well organized and staffed with cheery princes. Thank you, thank you, thank you! See you next year!
  • My waiver listed ME with an incorrect emergency phone number. Super glitch!
  • Fabulous, thank you charming princes! Especially the Super Duper arrow markers!
  • Fun time, but it would be great if the route could have fewer stoplights and busy intersections.
  • Loved the wraps instead of sandwiches – much faster!
  • Great traffic control at two stoplights on last leg. Excellent food!
  • Thank you! Loved the M & M’s. Brown pills for Hills!
  • Thank you so much. This was the best thing I’ve done in a long time – because the volunteers were the best! Can’t wait to do it again.
  • Thank you so much. My first time, longest ride I’ve ever gone on. The route is wonderful, food was delicious, volunteers very friendly. If there is room on the maps to note that there are pink arrows making the route, that would be helpful to the first-timers. I’ll be back next year.
  • Prince charming in the tux was lux!
  • One word – AWESOME!! Thank you so much for all the support throughout the whole ride! Thanks to Joe for being an angel and changing my flat! You are all very much appreciated! Great SAG service!
2014 CLUB OFFICERS

President:  Marcus van Raalte  925-437-3253
Vice-President:  Bob Heady  925-980-7989
Treasurer:  Dan Carhart  925-828-8964
Recording Secretary:  Julie Hampton  510-685-7103
Corresponding Secretary:  Bonnie Powers  925-828-5299
Ride Chairmen:  Emma Olenberger  707-479-2549
                        Peter Rathmann  925-838-1973
Newsletter Editor/Typist:
                        Marcia Seeger  510-223-9347
                        e-mail VSnews02@aol.com
Electronic Newsletter Editor
                        Jane Moorhead  925-980-9889
Newsletter Publisher:  Gail Blanco  925-872-1001
Past PresidentMark Dedon  925-828-9183
V.S. Racing Team contacts:
                        Jim Duncan  925-209-1369
                        Ted Vidnovic  925-337-2803

2014 PRESIDENTIAL APPOINTMENTS

Cinderella Chairmen:
                        Jim Duncan  925-209-1369
                        Bob Powers  925-828-5299
Swap Meet:  Bob/Bonnie Powers  925-828-5299
T.O.S.R.D. Chairman:
                        Francie Cushman  925-719-2256
E.B.B.C. Rep.:  Chris Talbot  925-968-0215

Mileage Keeper:  Jim Paulos  510-886-7470
Webmasters:  Ken Hernandez  510-329-9481
                        Steve Whelan  925-831-8258
Feather Pedals liaisons:
                        Karin Ball  408-406-2286
                        Rebecca Wood  925-577-3842

COMMUNITY LIAISONS:

Alamo  Ralph Speck  925-837-2932
Castro Valley  Open
Concord:  Jean Watts  925-676-6164
Danville  Bill/Mary Well  925-837-0103
Dublin  Francie Cushman  925-719-2256
Hayward  James Paulos  510-886-747
Lafayette  Open
Livermore:  Susan Neer  925-829-4980
Oakland  Adele Madelo  510-773-0693
Pleasanton:  Bill Rose  925-846-3867
Pleasant Hill:
                        Emma Olenberger  707-479-2549
San Ramon:  Peter Rathmann  925-828-1973
Walnut Creek  Peter Cumshaw  925-932-0790

We appreciate receiving articles and photos to be printed in the newsletter. We will give articles of a timely nature priority.

You are encouraged to reprint with credit any articles in this newsletter.

VALLEY SPOKESMEN
http://www.valleyspokesmen.org

2014 current club members may subscribe to the VS mailing list by following the directions at:

http://www.valleyspokesmen.org/Sys/Login?ReturnUrl=%2fvs-list

To join, go to
http://valleyspokesmen.org/join

Come Ride With Us!

VALLEY SPOKESMEN
Bicycle Touring Club
Post Office Box 2630
Dublin, California 94568