DECEMBER 2011

President’s Message

During the evening of November 9 I attended the Stanford Trauma Bike Safety Summit review. The meeting was hosted by the Stanford Trauma Center, who invited bicycle club leaders from throughout the Bay Area as well as representatives from the California Highway Patrol, the local police, Caltrans and the California Department of Motor Vehicles. The reason for the meeting was to do something about the unacceptable number of bicycle-related injuries that the Stanford Trauma Center has been treating. The evening began with a series of short presentations from a Stanford trauma surgeon, the local sheriff, a Stanford public safety leader and a bicycle racing team leader. The surgeon informed us that they have been seeing more bicycle injuries than gun and knife wounds. The sheriff informed us about their “honor the stop” program. The bike racing team leader described how cyclists can share the road. These presentations were followed by a panel of leaders from the same organizations plus leaders from Caltrans and the DMV. Some of the dialog and comments went like this…

Q: What is the DMV doing about bicycle safety? A: The DMV is providing bicycle education on the web.

Q: Why hasn’t the DMV been doing more to improve certain unsafe roads (e.g. overpasses) for bicyclists? A: Lack of funding.

A sample of comments:

- The DMV needs to change and recognize bicyclists.
- There is a discrepancy between autos and cyclists.
- There should be a centralized clearing house where unsafe roads and conditions can be reported and acted on. There was frustration expressed about agencies not taking responsibility for fixing unsafe road problems.
- Don’t let perfect be the enemy of good.

A follow-up summit will be held in April 2012 to continue this discussion. If you want to learn more about this and offer your own ideas, visit http://bikesiliconvalley.org/news/2011/11/stanford-trauma-bike-safety-summit-review.

Pedal swift and pedal safe!

Mark Dedon

Happy Holidays!
TOURING RIDE RATINGS

All rides graded according to predicted difficulty as follows:

1) Generally flat with a few easy grades, suitable for beginners and casual riders.
2) Mostly easy grades with a few rolling hills, a challenge for beginners.
3) Moderate grades, some challenge for the average rider.
4) Steep grades with some relief.
5) Mostly steep grades, for strong riders.

Pace is:
ND) No Drop - this means that the group will not lose any rider.
Out of consideration to the other riders, check with the ride leader to determine whether you should ride on a particular ride.
L) Leisurely, many rest stops.
M) Moderate, occasional rest stops.
B) Brisk, few stops.
S) Steady, strenuous, rapid pace.

The speeds of the following ratings are approximately:
P=8-10 mph; L=8-13 mph; M=11-16 mph, or may be further broken down to:
L/M=11-13 mph and M/B=14-16 mph; B=14-19 mph; S=17 mph-plus.

Rides may also be labeled “Beginner friendly” or “Advanced”.

MOUNTAIN BIKE RIDE RATINGS

All rides graded according to predicted difficulty as follows:

1) EASY: Mostly flat with few hills.
2) EASY/MODERATE: Increasing hills but mostly flat; of short distance.
3) MODERATE: Generally hilly terrain with some rough terrain & occasional obstacles.
4) STRENUOUS: Long, steep ascents and descents & very rough terrain.
5) MOST STRENUOUS (GONZO): Better have a few espressos before saddling up - ridiculously long, steep climbs & drops; lots of obstacles.
Always bring adequate water and food.

HELMETS ARE REQUIRED ON ALL RIDES!!

ATTENTION: All non-members must sign waiver form, obtainable from ride leader. SIGN UP FOR RIDES OR CALL LEADER IF YOU PLAN TO RIDE!!

WEATHER: If there is a 10% chance of rain, snow, sleet or hail on the day of the ride, contact the leader the night before the ride or arrive at the meeting place on the day of the ride for final decision of cancellation. For Mountain Bike Rides, rain 48 hours prior to the ride cancels.

DURATION OF RIDES: If you wish to know the approximate length of time for any of the following rides - including rest stops, lunch stops, sight seeing etc., - please call the ride leader.

CAR POOLING: Car pooling is strongly encouraged, particularly on the out-of-town rides. Call the leader to see who is signed up for the ride so car pooling arrangements may be made.

SAFETY: Bikes and cars have equal rights!!! Remember to use courtesy toward other users of the roadway and pay attention to ALL Vehicle Codes.

CODE OF CONDUCT: All Valley Spokesmen members are expected to interact with one another with respect. The use of inappropriate behavior and/or language may result in suspension leading up to expulsion from the Valley Spokesmen club.

Determination of disciplinary action will be decided by the Executive Board.

If you sign up and decide NOT to ride, please contact the leader of your change in plans. REMEMBER, if you don't sign up and the leader cancels the ride, you cannot be contacted of the cancellation.

VERY IMPORTANT: ALL RIDES LEAVE AT THE SCHEDULED TIME INDICATED. PLAN TO MEET 15 TO 30 MINUTES BEFORE THAT TIME!

2012 MEMBERSHIP DUES ARE NOW DUE!
JOIN TODAY!

DECEMBER 2011

SAT. 12/03/11 3-M/B 55 miles (88 km) 10:00 a.m. We’ll ride from San Ramon and climb over the Dublin Grade to Castro Valley and then continue on scenic Redwood and Pinehurst roads to Moraga. Then we’ll ride to Orinda for a Starbucks coffee break. We’ll return through Lafayette, Alamo, and Danville. Meet at San Ramon’s Bollinger Park & Ride lot on the southwest corner of I-680 and Bollinger Canyon (behind the Chevron station). Bring food and water or money to buy in Orinda.
Ride Host: Alberto Lanzas 510-825-9581  (Advanced ride)

SAT. 12/03/11 2-L/M 40 miles (64 km) 10:00 a.m. Join Julie Hampton as she celebrates her birthday! We’ll be riding north from the Sycamore Valley Park & Ride in Danville through Alamo, Walnut Creek, and Pleasant Hill on our way to a rest stop at Hidden Lakes Park before returning on a different route. Take I-680 to the Sycamore Valley exit and the Park & Ride lot is at the northeast corner of the interchange. Bring water and snacks. Happy Birthday Julie!
Ride Host: Julie Hampton, 510-685-7103, psyclejulz@sbcglobal.net
SUN 12/4/11 2-L/M 25 miles 9:30 a.m. Karin's Country Club Loop ride will begin at Draeger's Market in Blackhawk. Informal lunch gathering at Draeger's after the ride. 4100 Blackhawk Plaza Circle where Crow Canyon becomes Blackhawk Rd. at the intersection of Camino Tassajara.

Ride Host: Karin Ball kball2@yahoo.com, 408-406-2286. (Beginner Friendly)

MON 12/5/11 Mtn-3 8-13 miles (13-21 km) 7:00 p.m. Lake Chabot Loop - Mountain bike trails. All levels are welcome. From I-580 westbound in Castro Valley take the Strobridge Avenue exit; turn right on Strobridge, right on Castro Valley Blvd., and left on Lake Chabot Road, then make a right turn on the road immediately after Arcadian Dr. and follow it up the hill to a free parking lot on the left. Since cell reception in the park is sketchy, please leave a message if you plan to ride. Bring lights.

Ride Host: Jane Moorhead, 925-980-9889.

MON. 12/5/11 Monthly meeting of Valley Spokesmen Racing Team at 6:30 p.m. at Livermore Cyclery, 2752 First Street, Livermore. Everyone welcome! Call Ted Vidnovic, 925-337-2803, for further information.

WED 12/7/11 38 miles 10 a.m. This will be a ride out to Livermore utilizing remote bike paths through vineyards. There will be a Starbucks stop en-route. Check calendar (ValleySpokesmen.org) one day prior if there is inclement weather. Diablo Vista Park is located on Tassajara Ranch Rd. near the intersection of Crow Canyon and Tassajara.

Ride Host: Gail Blanco 925-872-1001, gvblanco@aol.com

WED 12/7/11 7:00 p.m. CLUB MEETING THIS EVENING --- SEE YOU THERE!
ELECTION OF OFFICERS FOR 2012. Round Table Pizza in Dublin, located in the shopping center on the north side of Amador Valley Blvd., just east of San Ramon Road. Pizza, salad and sodas are complimentary to all attendees. Pizza served at 6:30 p.m. Non-members - come see what our club is all about! Enjoy a pizza party on us and meet lots of people who share your interests. Find answers to all your club questions, and see if we're the club for you! Check our online ride calendar for a map at: http://www.valleyspokesmen.org/vsCalendar/view_entry.php?id=599&date=20080903

WED 12/14/11 Executive Board Meeting of the OLD and NEW club officers at the home of Bob and Bonnie Powers, 6640 Spruce Lane in Dublin at 7:00 p.m. Take San Ramon Road to Amador Valley Blvd; go east; turn right onto York Drive; turn right onto Spruce Lane.

SAT 12/10/11 2-M 36 miles (58 km) 9:00 a.m. Robin's leading us on a new route from Mountain View to Woodside via Portola Valley. Meet at Cuesta Park in Mountain View. Take I-680 south to the Mission Blvd. exit and go west; continue south on I-880; take the Hwy. 237 exit and go west; continue across Hwy. 85 on Grant Rd.; in 0.5 mile turn right on Cuesta Dr. and immediately turn left into the park. Bring water and snacks. Suggested carpool location is the Park & Ride lot at the SW corner of I-680 and Bollinger Canyon Rd. at 8 a.m.

Ride Host: Robin Johnson, retrorobin@yahoo.com

SUN 12/12/11 3-M 42 miles (68 km) 9:00 a.m. Starting in San Ramon we'll ride up to the Mt. Diablo Junction and then descend to Walnut Creek. Return will be through Danville. Meet at San Ramon Central Park. Take I-680 to the Bollinger exit and go east; turn left into Central Park opposite the Market Place and park in the lot to the right side. Bring water and food or money to buy.

Ride Host: Peter Rathmann, 925-336-0973.

WED 12/14/11 2-L/M 25 miles (40 km) 10:00 a.m. Edith's ice cream & cookies ride: Starting at the Martinez Marina, we'll ride around the Carquinez Strait clockwise, along the Carquinez Scenic Drive and across the Carquinez bridge to Edith's house in Benicia for a decadent lunch of ice cream, lemon cake & cookies. Return to the Martinez Marina via the Benicia bridge. Directions to the Marina: Take the Marina Vista exit from I-680 north (last exit before bridge) and go west on Waterfront Rd., continue as it becomes Marina Vista Road, then make a right turn on the road immediately after Arcadian Dr. and follow it up the hill to a free parking lot on the left. Since cell reception in the park is sketchy, please leave a message if you plan to ride. Bring lights.

Ride Host: Jane Moorhead, 925-980-9889.
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<tr>
<th>Date</th>
<th>Type</th>
<th>Distance</th>
<th>Time</th>
<th>Description</th>
<th>Ride Host</th>
<th>Contact Info</th>
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<tbody>
<tr>
<td>SAT. 12/17/11</td>
<td>3-L/M</td>
<td>30-35 miles (50 - 56 km)</td>
<td>9:30 a.m.</td>
<td>This monthly Feather Pedals ride will start in the Livermore Cyclery in Dublin parking lot and will climb Calaveras to the First Summit or The Wall. Riders may turn around at any point. Livermore Cyclery is located at 7214 San Ramon Rd. in Dublin. Take the San Ramon Blvd. Exit from I-580 W. Turn Left onto Amador Valley Blvd. Livermore Cyclery Shopping Center will be on the left. There should be plenty of parking available or the ice rink is right next door if we need it. Livermore Cyclery will open at 8:00 a.m., which will give them enough time to prepare bikes for anyone who chooses to ride a demo bike on the ride. The shop will also provide coffee and donuts or bagels for riders. Please contact Bob for sign-up or questions concerning the bike demo: (925-980-7989 or <a href="mailto:arbob25@gmail.com">arbob25@gmail.com</a>). Ride Host: Alma Schiefer, <a href="mailto:afschiefer@gmail.com">afschiefer@gmail.com</a>  (Beginner Friendly)</td>
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<td>SAT. 12/17/11</td>
<td>3-M</td>
<td>60 miles (96 km )</td>
<td>9:30 a.m. (Adv.)</td>
<td>Meet at San Ramon Central Park and ride with us to Lake Del Valle. Our route will take us to Livermore via Camino Tassajara, Highland Rd., N. Livermore Rd. We are returning via Collier Canyon, Highland Rd, and Camino Tassajara. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. Bring water and food. Leader: Alberto Lanzas, 510-825-9581.  (Advanced Riding Skills)</td>
<td>Dane Carlson (<a href="mailto:dane.c@att.net">dane.c@att.net</a>)</td>
<td>(925-577-6586,  (Beginner Friendly)</td>
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<td>SUNDAY 12/18/11</td>
<td>2.5-L/M</td>
<td>40 + mi. (65+km)</td>
<td>10:00 a.m.</td>
<td>Ride to the Calaveras Wall and beyond. Meet at Shannon Center. From I-680, take the Alcosta exit west. Turn left onto San Ramon Blvd; right onto Shannon; and right into Shannon Center. Ride Host: Alaine Nadeau, <a href="mailto:l8trees@aol.com">l8trees@aol.com</a> 925-216-0801.</td>
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<td>MON 12/19/11</td>
<td>Mtn-3</td>
<td>8-13 miles (13-21 km)</td>
<td>7:00 p.m.</td>
<td>Lake Chabot Loop - Mountain bike trails. All levels are welcome. From I-580 westbound in Castro Valley take the Strobridge Avenue exit; turn right on Strobridge, right on Castro Valley Blvd., and left on Lake Chabot Road., then make a right turn on the road immediately after Arcadian Dr. and follow it up the hill to a free parking lot on the left. Since cell reception in the park is sketchy, please leave a message if you plan to ride. Bring lights. Ride Host: Jane Moorhead, 925-980-9889.</td>
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<td>TUES. 12/20/11</td>
<td>2-L</td>
<td>20 miles (32 km)</td>
<td>7:00 p.m.</td>
<td>Christmas Lights night ride. We'll meet at Livorna Park in Alamo for a moderately paced ride through the neighborhood back roads of Alamo, Danville and Diablo. We will be riding on mostly quiet streets, but will ride some major roads as well. We will need to stay together regrouping at all key route changes of which there are many. Let's have fun and light it up! Feel free to decorate and dress to be seen.</td>
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<td>WED 12/21/10</td>
<td>2-L/M</td>
<td>25 miles (40 km)</td>
<td>10:00 a.m.</td>
<td>An easy ride to La Trampas Park on Bollinger from Shannon Center in Dublin. Take I-680 to the Alcosta exit heading west; take a left on San Ramon Road; turn right on Shannon and right into the parking lot. Bring water and snacks. Ride Host: Alaine Nadeau, <a href="mailto:l8trees@aol.com">l8trees@aol.com</a> 925-577-6586, (Beginner Friendly)</td>
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<td>FRI. 12/23/11</td>
<td>1-L/M</td>
<td>NO DROP</td>
<td>20-30 miles</td>
<td>10:00 a.m. This Odd FriDay series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. All riders are welcomed! We generally do a coffee shop stop near the end of the ride. Check calendar 24 hrs. prior for a go or no go weather status. Ride Host: Gail Blanco, 925-872-1001, <a href="mailto:gvelblanco@aol.com">gvelblanco@aol.com</a>  (Beginner Friendly)</td>
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<td>SAT. 12/24/11</td>
<td>3-L/M</td>
<td>63 miles (100 km)</td>
<td>9:00 a.m.</td>
<td>Palomares/Redwood from Shannon Center Pump up your appetite for holiday calories! Shannon Center - Foothill Rd - Palomares – Redwood - Pinehurst - St. Mary's - St. Stephens Trail - Tice Valley - Danville Blvd./San Ramon Valley/San Ramon Rd. 30% chance of rain in Castro Valley cancels. Bring food and water. Meet at Shannon Center in Dublin (at Shannon Ave / San Ramon Rd, 1 mile north of I-580). Route link: <a href="http://www.mapmyride.com/routes/view/54304624">http://www.mapmyride.com/routes/view/54304624</a>. Ride Hosts: Gary Hsueh, 510-334-1976, <a href="mailto:ghsueh@me.com">ghsueh@me.com</a> and Emma Olenberger, 707-479-2549, <a href="mailto:live2map@yahoo.com">live2map@yahoo.com</a></td>
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<td>SUN. 12/25/11</td>
<td>Merry Christmas!</td>
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<td>MON. 12/26/11</td>
<td>4-M</td>
<td>40 miles</td>
<td>10:00 a.m.</td>
<td>Mt. Tam We'll ride to the top of Mount Tamalpais. Meet at the Safeway on Miller/Camino Alto in Mill Valley for a 10:00 a.m. departure. We'll climb to Panoramic Hwy, Pan Toll Rd. and E. Ridgecrest Blvd. to the summit. Then we will ride down the backside to Fairfax. Bring water and lunch. Directions: Take 101 S, Exit E Blithesdale Ave., right on E. Blithesdale, left on Camino Alto. Do not park in the Safeway parking lot. There should be ample street parking on Miller. Allow approx. 1 hour driving time from the Dublin area. Rain cancels, check VS calendar for status. Ride Host: Alberto Lanzas, 510-825-9581.</td>
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<td>MON. 12/26/11</td>
<td>Mtn-3</td>
<td>8-13 miles (13-21 km)</td>
<td>7:00 p.m.</td>
<td>Lake Chabot Loop - Mountain bike trails. All levels are welcome. From I-580 westbound in Castro Valley take the Strobridge Avenue exit; turn right on Strobridge, right on Castro Valley Blvd., and left on Lake Chabot</td>
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These are dark streets so it is up to us to have ample lighting.
Ride Host: Dane Carlson (dane.c@att.net)
Rain date: Thursday, 12/22.
Road., then make a right turn on the road immediately after Arcadian Dr. and follow it up the hill to a free parking lot on the left. Since cell reception in the park is sketchy, please leave a message if you plan to ride. Bring lights.

Ride Host: Jane Moorhead, 925-980-9889.

WED. 12/28/11 4-L 39 miles (65 km) 10:00 a.m.  Ride to the summit of Mt. Hamilton and visit the Lick Observatory on Richard's birthday ride. A long climb but not too steep. Meet at the corner of Alum Rock Ave. and Mt. Hamilton Rd. Take I-680 to the Alum Rock exit and go east; park by the side of the road at the Mt. Hamilton Rd. intersection. We will have sag support courtesy of Richard's daughter(s) to carry food (Togo sandwich orders taken at the start) and spare clothing to the summit.

Ride Host: Richard Hedges, 925-447-6197 (home), 925-784-5763 (cell on the day of ride), richard_hedges@yahoo.com (Advanced ride)

FRI 12/30/11 4-M 25 miles (40 km) 10:00 a.m.  This ride is for everyone, and especially those who climb Tam on Mon., Hamilton on Wed. and wish to accomplish a Trilogy of Climbs in one week (a work week at that!). Diablo is also done on New Year's Day as an annual tradition, but if you'd like to avoid the crowd, join us as we climb to the summit. Start at St. Timothy's Church, 1550 Diablo Rd., 1 mile west of Mt. Diablo Scenic Blvd. (south side). Not a "Beginner Friendly" ride based on the elevation gain, but do come out and climb as far as you'd like. No re-groups.

Ride Host: Gail Blanco, 925-872-1001.

SAT. 12/31/11 3-L/M 48 miles (75 km) 9:00 a.m.  Redwood Hills to Pig Farm from Lafayette BART.

Get some climbing in prior to your New Year festivities! Lafayette BART - Moraga – Redwood Rd - Skyline - South Park - Wildcat - 3 Bears - Pig Farm - Reliez. 30% chance of rain in Lafayette cancels. Bring food and water. Meet at Lafayette BART, north side parking lot (from WB SR 24, take Deer Hill Rd. exit, turn left, then after Oak Hill Rd. turn left into parking lot). Route link: http://www.mapmyride.com/routes/view/56877340.

Ride Hosts: Gary Hsueh, 510-334-1976, ghhsueh@me.com and Emma Olenberger, 707-479-2549, live2map@yahoo.com.

MEMBERSHIP DUES ARE NOW DUE!

See the Valley Spokesmen website calendar for additional rides not listed here.
SUN. 1/8/12 3-M/B 50 Miles (80 km) 9:30 a.m. We are starting at the old Livermore Nob Hill parking lot and riding to Tesla Rd, Cross Rd, up Patterson Pass Rd, and down to Midway Rd. Our loop will take us to Altamont Pass Rd. with a rest stop at the Starbuck's on Vasco Rd. and Scenic Ave. Then we are riding via May School Rd., N. Livermore Ave., Highland Rd., and our final climb up to Collier Canyon Rd. We are riding various streets and bike trails in Livermore back to the start. The old Nob Hill parking lot is located at the intersection of Pacific Ave. and S. Livermore Ave. Take Livermore Avenue south through town; turn left on Pacific Ave. and park in the old Nob Hill shopping center. Bring water and food or money to buy.

Ride Host: Alberto Lanzas, 510-825-9581 (Advanced ride)

MON 1/9/12 Mtn-3 8-13 miles (13-21 km) 7:00 p.m. Lake Chabot Loop - Mountain bike trails. All levels are welcome. From I-580 westbound in Castro Valley take the Strobridge Avenue exit; turn right on Strobridge, right on Castro Valley Blvd., and left on Lake Chabot Road., then make a right turn on the road immediately after Arcadian Dr. and follow it up the hill to a free parking lot on the left. Since cell reception in the park is sketchy, please leave a message if you plan to ride. Bring lights.

Ride Host: Jane Moorhead, 925-980-9889.

WED. 1/11/12 3-M 33.5 miles (54 km) 10:00 a.m. Join Edith for this much needed “after the holiday-work-out.” We start @ Moraga Commons, take Pinehurst to Skyline and then Redwood Road to the Willows Golf Course, returning to the start via Pinehurst. Directions to Moraga Commons: Take Hwy 24 south, exit Central Lafayette, go right under the Fwy, then right on Mt. Diablo Blvd. and 1st left on Moraga Road. After about 2 miles (?) the Commons is at the corner of Moraga Road & St. Mary's Road in Moraga. Or google your own directions. Bring water & lunch or buy at Willow's Golf Course.

Ride Host: Edith Norby, 707-771-0483 (c)

WED. 1/11/12 Executive Board Meeting at the home of Bob and Bonnie Powers, 6640 Spruce Lane in Dublin at 7:00 p.m. Take San Ramon Road to Amador Valley Blvd; go east; turn right onto York Drive; turn right onto Spruce Lane.

PLEASE NOTE --- HERE ARE RIDE OPPORTUNITIES AND CLINICS IN ADDITION TO OUR REGULAR SCHEDULE

DAILY LUNCHETIME TRAINING RIDES: Join members of the Valley Spokesmen Racing Team and Lawrence Livermore Cyclotrons for daily training rides. Rides are 20-25 miles at a fast/brisk pace. Meet at 11:30 a.m., Monday through Friday, at the Lawrence Livermore National Laboratory Visitors Center on Greenville Road. NOTE: The group tends to split into fast and slow packs, so there is an option for a less vigorous pace. (Take I-580 to Greenville Road exit, go south on Greenville for about 3 miles, parking lot for the Visitors Center is on the right, look for the flagpoles.) For ride/course descriptions, contact Rocco Hollaway at 925-422-9701: hollaway1@llnl.gov

EVERY SUNDAY MORNING 3-B (hilly route and brisk pace) 35 miles (56 km) 8:00 a.m. Join the VS Race Team for a 3-B 35-mile ride with 2-B option (a little less hilly). We'll ride from the Bankhead Theater (North First St. @ S. Livermore) up Tesla, Cross Rd., Patterson Pass, South Flynn Rd. (or you can skip the Flynn climb and take Greenville), Altamont Pass Rd., residential streets to Dalton out to N. Livermore, Manning, Collier Canyon, Portola, and back to Livermore. Ride Leaders will vary. Contact Don Williams at 925-580-9395.

EVERY 1st SATURDAY MORNING each month 4-S 45-60 miles (72-90 km) 9:00 a.m. Join the Wheels of Thunder and Valley Spokesmen Racing Team on a joint training ride. The ride starts in downtown Pleasanton from the parking lot on Neal Street between Main and First Streets (across from the drive-through milk store). The pace varies with re-grouping at the top of most long climbs. Most routes have turn-around points for those wanting shorter versions of the ride. All riders are welcome, but be warned that these are not entry-level rides. Each ride is a “no-drop” ride on rolling terrain that is close to 18 mph and is a good place for fit new riders to start. For information call Bob Fusco at 925-899-4027.

UPCOMING EVENTS

December 18 Critical Christmas Bike Ride – Monterey
18 Borrego Springs Century – Borrego Springs
January 6-7 BE-Pro Conference – San Jose
14 8th Stagecoach Century – Ocotillo

Greetings!

As Thanksgiving approaches, I am thinking about some of the recent work we've done together. Twice in the past few months, we've driven back attacks on dedicated bicycle funding in the Transportation Bill. Our petition to preserve the right to the road on federal lands is well on its way to 10,000 signatures.

I am inspired by your dedication and tenacity. Cycling advocates are among the most engaged citizens in this country, and I'm so proud to be working with, and for, you.

As you know, there are serious climbs ahead. But I've ridden with you long enough to know that you don't shirk at the steep inclines. You dig in and do what needs to be done, and the coast down the other side is just a time to anticipate that next climb. So watch out Congress, the cyclists are on their way.

From the League family to yours - Happy Thanksgiving.

Sincerely,

Andy Clarke

President - League of American Bicyclists

VALLEY SPOKESMEN CLUB GEAR

The following Valley Spokesmen clothing is available:

- short sleeve jersey - club cut - $65.00
- short sleeve jersey - women's cut - $65.00
- long sleeve jersey - (to be discontinued) $70.00
- sleeveless wind shell vest - $60.00
- long sleeve jacket - (to be discontinued) $69.99
- shorts - women / men - $58.00
- bib shorts - (to be discontinued) $65.00
- arm warmers - $30.00
- gloves - yellow, blue, black - (changing to blue & black only) $27.00
- socks - white, yellow, black - (changing to blue & black only) $7.00

Contact Jim Duncan: hey-you@comcast.com or 925-209-1369

Valley Spokesmen “Bicycle” Touring Club
Executive Board Meeting
November 9, 2011

Meeting called to order at 7:03 p.m. by President Mark Dedon.

Minutes from the October 12th Executive Board Meeting were approved as read.

Treasurer Bill Well reported on our accounts that all was solvent. Our checkbook and bank statement are in sync.

OLD BUSINESS:
1. Past month’s rides – The Progressive Dinner was a great success with No rain and lots of good food. The ride from Martinez to Davis was enjoyed by all who rode, a fine job was done by ride hosts Gary and Emma.
2. T.O.S.R.D. jersey order – The quota has been met with seventeen jerseys and three vests. One additional reminder will be sent out before placing the order.
3. V.S. web site – Curtis was not in attendance, but the web site is current.
4. Location of V.S. business meetings – This subject is still being investigated. Details to follow. The December meeting will be held at the Round Table Pizza in Dublin.
5. V.S. survey discussion – Ride hosts must include their info on the route sheets. Talked about the variety of ride abilities and locations. Meetup.com is a web site that focuses on groups with similar interests. Mark will look into this. It was suggested the ride chairman summarize the ride schedule at the beginning of the schedule. There was discussion on how we can emphasize the group’s ability and how we manage the riders’ expectations. This should be handled by the ride host (or hosts). Action items – The ride hosts need to cover expectations at the beginning of each ride.
6. Club printer – the new printer is doing a fantabulous job. The crew involved spent .73 cents over their allotted amount!
7. There were no reports on area Bicycle Master Plans. However, there are future meetings on November 17th and 30th. Bonnie has the info if you are interested.
NEW BUSINESS:
1. December/January ride schedule was up for perusal. Discussed numerical versus descriptive. Many liked both with the descriptive at the end of as many write-ups as possible. Bonnie to talk with Gail and Peter.
2. Don’t forget the Mid-winter Party February 11, 2012! The invitation to sign-up will be included in the December and January newsletter.
3. The Nominating Committee reported the following persons have agreed to run for office in 2012. President: Mark Dedon; Vice-President: Karin Ball; Treasurer: Dan Carhart; Ride Chairmen: Gail Blanco and Peter Rathmann; Recording Secretary: Lynn DeMattei; Corresponding Secretary: Bonnie Powers; Newsletter Editor: Marcia Seeger; Newsletter Publisher: Mary Murphy; and Race Team Representative: Jim Duncan. Names will appear on ballots at the December club meeting with further nominations taken from the floor if anyone is interested.
4. U.S. Trademark Compliance Service – Cinderella Classic – Bonnie will contact our club attorney to be advised as to legalities.
5. Bonnie reviewed correspondence sent and received. Motion made, seconded and passed to send a $100.00 “year-end” donation to the American Cycling Association. Checks have been sent to the Cinderella recipients. We have received many grateful phone calls and thank-you letters.

FURTHER NEW BUSINESS:
1. Karin asked about reimbursement of Feather Pedals expenses. All agreed gasoline used by sag drivers; printing costs; and name tags should be reimbursed. The treasurer will place the Feather Pedals in their own class in his report.
2. Mark thanked everyone for changing the night of this meeting to accommodate his opportunity to go to Stanford Trauma Center for a meeting with other bicycle leaders, police and medics.
3. Karin reported that samples of Feather Pedal clothing will be available at Crank 2 for sizing. The Feather Pedals group will provide a calendar of events for 2012 at the next E-board meeting. The group is also looking for those interested in sagging for their rides.
4. Jim Duncan reported on Don Williams of the V.S. Racing team who finished the Furnace Creek 508 solo in 47:52:00 with a whole 8 minutes to spare before the cutoff. This he accomplished even with a bad case of stomach problems and with the support of a great crew. Jim further reported the race team is enlarging: a cyclocross team, mountain bike group and the junior team are growing. These include both men and women.
5. Jim Paulos reported AMGEN will be ending in Livermore on May 15th next year.

There being no further business, the meeting was adjourned at 8:25 p.m.
Respectfully submitted, Lynn DeMattei, Secretary.

Correspondence received:
1. Thank you letters from the following organizations for our $1,000.00 Cinderella donation: Alameda County Food Bank; Assistance League of Diablo Valley; Assistance League of San Jose; Biletnikoff Foundation; Cancer Support Community; Charlotte Maxwell Complimentary Clinic; Food Bank of Contra Costa and Solano; Girl Ventures; Hope Hospice – Dublin; Marjaree Mason Center; Next Door Solutions to Domestic Violence; Placer County Food Bank; SAVE – Shelter Against Violent Environments; STAND! Against Domestic Violence; Tri-Valley Haven for Women, Inc; WomenCARE; Women’s Cancer Resource Center; and Women’s Community Clinic.
2. Thank you letter from City of Livermore for our $1,500 Cinderella donation.
3. Contract from Amos Productions for DJ at Mid-winter party.
5. Advertisements from various organizations and businesses.
6. Announcements of upcoming events and tours.
7. Newsletters and magazines from various clubs and organizations.

Correspondence sent:
1. Check to Minuteman Press for printing of November newsletter.
Walt Thomas Celebrates 80 Years

Last month, 49 riders celebrated the 80th birthday of the oldest FFBC member that shows up to ride consistently, at least two times a week. There were 34 FFBC members and 15 guests from Valley Spokesmen, Oakland Yellowjackets, Grizzly Peak, Golden Gate Cyclists and Hike and Bike Club that showed up to ride at Don Edwards. Walt donned his extra special helmet decorated with tennis balls (by Marcella Casebolt) and ribbons. The entire group decorated their helmets for the party with ribbons and signed the Extra-Large Birthday card before departing for Coyote Hills.

Walt's daughter, Gail, borrowed a bike, and gathered her courage to ride with the group, while his Granddaughter Layla drove the SAG vehicle. Walt had no trouble making it to the top of Nike! He was propelled by clapping, cheering, and chalked messages of encouragement marking the roads. The ride continued to Anderson Bakery where we met non-riders, ordered lunch, sang "Happy Birthday", took many pictures, and ate cake. Herm Rosenbaum (probably the second oldest member of the club that still regularly attends rides, as well as leads them) made a nice speech to honor Sir Walt. Herm mentioned Walt is his ideal, as Walt is remarkable in that he has retained his physical abilities and mental alertness. We all cheered and toasted Walt with sparkling apple cider and lined up for birthday hugs and more pictures. It was definitely an event to remember!

October 29th

Thanks Gary and Emma for a fantastic riding (bike AND train) day out to Davis. Nice turnout, nice route, great job of keeping an eye on the group, and that happy hour reception was really sweet! Kevin & Teresa

Hi Emma & Gary:
Thanks for a great day with a fun group (26?) through some wonderful territory.
Yes, the Happy Hour in the plaza before the train was a nice touch as was the after bite to eat at Creek Monkey in Martinez. Even got to see the beaver!
Thanks for your effort in putting this ride together.
Francie & Him

Yes, thank you Emma and Gary, it was a wonderful, fun ride and perfect day, Mary

Hello Everyone!
Gary and I would like to thank everyone who came out for the ride today. We were both very pleased to see how many riders joined us...a total of 26! And we could not have asked for a more beautiful day, temperatures were in the mid-70s.
We left en masse from the Waterfront Park in Martinez and quickly broke into three sub-groups. The speedier riders went ahead while a strong group of 12-15 people made up the middle. Gary rode back to make sure no one dropped or got lost. We rode through sweet-smelling fields of strawberries, a couple of vineyards and several orchards (I heard someone mention walnuts). We stopped for lunch at Steady Eddy's in Winters before continuing on to Davis. We took advantage of the 10-person group discount on train tickets and then relaxed at the cantina across the street where we enjoyed happy hour before boarding our train.
I really enjoyed getting to know many more Valley Spokesmen faces and names. On the return trip Karin and I talked about the possibility of making this an annual end of October ride. I am A-OK with that idea and can foresee it increasing in popularity.
A special callout and thank you to Francie in joining Gary and me in dressing up for Halloween. Emma

Harry and Emma, Ditto all the other comments. Perfect planning made for a perfect day!!! Definitely a "must do" annual ride. Thanks for all the attention to detail to ensure a safe and fun ride!!!
Our Club "rocks"!!! Karin

Ditto! "Spooktacular" day (couldn't resist!) with wonderful company and fabulous ride leaders! "The bees" took very good care to make sure we didn't get lost.
The after ride "happy hour" was well timed!
Thanks for a memorable day! Julie & Dick

It was a great ride! Thank you Emma and Gary. Kathy

Hi all -
I'm a little late chiming in, but I have an important update...
First, Gary and Emma you did a fantastic job of planning and executing the ride...thank you...
Second, the happy hour at the cantina was just what we needed to cap a perfect ride and a perfect day as we chilled and waited for the train...

And lastly, the update...some of the riders met at Monkey Creek in Martinez for a beer and some food...in addition to seeing a beaver in the creek, we met and adopted a very friendly Praying Mantis - "who now prays for our safety", which I immediately had boxed "to go"...

He is now residing in our garden in Walnut Creek...we spent Sunday afternoon working in the garden and keeping an eye on our new friend and club member "McMantis" (following in the tradition of McBee, McC, McMantis, etc.)...mostly he explored the Fava Bean plants contributed by Juan (aka Jim Duncan) and on one occasion we noticed he caught an insect and was eating lunch...unfortunately the insect turned out to be a honey bee...a sad sight for Michelle McBee...so Michelle is now trying to train McMantis not to eat the honey bees...no doubt there will be further updates to follow... Clay

Don Williams of the Valley Spokesmen Racing Team finished the Furnace Creek 508 solo in 47:52:00 with a whole 8 minutes to spare before the cutoff. Jim

+++ ++++++++ +
Congrats to Don on this amazing accomplishment!
Pure guts and determination from my vantage point as one of the crew. Zaf and Don's Dad were also on the crew. Jeff

+++ ++++++++ +
Wow! How did you stay on a bike for that many hours at a time? I am very impressed! Huge accomplishment Don. Heidi

+++ ++++++++ +
Next year... Paris-Brest-Paris??
Congratualtions, Don! Barb

+++ ++++++++ +
Barb, thankfully PBP was this year and there won't be another one till 2015. I will just be using my experience to develop my coaching business. Don

+++ ++++++++ +
Thanks everyone, It was an Epic event to say the least. Unfortunately stomach issues at the 12hr mark basically turned it into a survival-fest. But I had a great crew and that is the only reason I made it. Don

November 6th
Thanks to Pam & Steve for hosting the annual progressive dinner for 25+ Valley Spokesmen and for Bonnie for the soups and organization. Nice to have everything laid out and ready for the hungry riders' return after each route. Thanks to all who contributed to a memorable repast of soups, salads, entries and desserts to die for. (What's a little cholesterol on a special day Gary?) The 'pop' (sodas), beer and nice wines were a great touch. As were 'Steve's wienies'.

November 9th
Pete Slagle led today's ride from San Ramon heading north through Pleasant Hill before tackling 'Pig Farm', Mama Bear, and Happy Valley. I opted to skip the hilly section and instead headed south on Reliez Valley to return home, so only part of the club ride route. Peter

November 12th
The weather forecast for clearing skies and temperatures in the upper '60s didn't quite pan out for today's ride, but at least we stayed dry. And we had been forewarned about a possible policy change on IBM's private road leading to Santa Teresa Park so we had an alternate in mind when stopped by their security guard. Our route passed three reservoirs: Chesbro, Uvas, and Calero. All had low water levels, presumably in expectation of reasonably high precipitation this winter. It's too bad that IBM no longer allows access, but we still had a nice route on lightly trafficked roads through rolling farm and parklands. Peter

November 13th
The sunshine returned in time for Gail's ride from Acalanes High to Pinole. After tackling the hills on Reliez Valley and 'Pig Farm,' we stopped to recuperate at Peet's Coffee in Pinole. Our return took us along the 'I-80 Bikeway' through El Sobrante before continuing on San Pablo Dam road past the reservoir and into Orinda. From there we took the bike path into Lafayette and back to the high school. Peter

November 16th
Barbara's birthday ride today was actually led by Nancy from the Benicia club who took us up through assorted neighborhoods to the bike path along I-80 in American Canyon. We then proceeded north on McGeary Rd. to Red Top and returned to Benicia on Lopes Rd. along I-680. Back at her house, Barbara treated us to her delicious cobbler (made with her own pears), ice cream, and coffee. Thanks and Happy Birthday! Peter
November 18th
Alberto added an 'even Friday' ride to the schedule and we rode from San Ramon's Central Park to Las Trampas at the end of Bollinger and then rode up the blvd. to Danville for a stop at La Boulangue bakery before returning on the Iron Horse trail. Got a little rain when we descended from Las Trampas and it picked up as we entered Danville. Fortunately it had stopped by the time we finished our refreshments and headed home. Peter

November 19th
Jim and Francie led today's ride from the Park & Ride at Bollinger and I-680 to the Mt. Diablo Junction Ranger Station and then continuing down the north side to Walnut Creek and back along the blvd. Peter

November 20th
Julie led today's ride from Danville out Camino Tassajara to Highland and Carneal. We stopped at the Feed & Grain store that advertises their bike friendly rest stop. The return was by way of Collier Canyon to loop back to Highland and then turning left on Tassajara to take Windemere Pkwy. back to San Ramon. A couple of us continued on Bollinger Canyon to head home while the official ride took Dougherty to Crow Canyon and then neighborhood streets back to Danville. We stayed dry until a few sprinkles appeared at the Collier summit and then had intermittent light showers which got heavier after we reached Bollinger. Peter

November 25th
There were two options for today's odd-numbered Friday ride: Gary led the longer version heading out to Livermore and climbing the Flynns, while Dave led a shorter ride passing through the Blackhawk, Diablo, and Roundhill country clubs on our way to a stop at La Boulangue bakery in Danville. Peter

November 27th
Nice sunny day for Gary's ride up Mines Rd. although the temperature dropped considerably as we were coming back down the hill. The group split at the county line marker with some continuing on to the San Antonio Junction store, while the rest of us opted to return directly from the marker. Peter

Great day for a ride on Mines Road to the junction, Gary. Temperature at the county line - 77-80 degrees! depending on whose temperature gauge was read. Glorious sunshine, beautiful vistas, tarantulas, coyotes, vultures, raccoons (flat), skunks (also flat), fat and furry bovines, gorgeous horses, water in the creeks and overall a beautiful day on the bike. Though the temperature drop of 25 - 30 degrees on the descent was a bit of a shock! Thanks. Francie & Him

MILEAGE REPORT AS OF November 25, 2011

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These totals represent miles ridden by club members who have covered more than 200 miles on club rides during 2011.

IS YOUR NAME MISSING FROM THIS MILEAGE SHEET? REMEMBER IF YOU ARE NOT A MEMBER OF THE CLUB IN 2011, YOU DO NOT RECEIVE CLUB MILEAGE!

Total miles ridden by club members so far this year is **129,098!!! IMPRESSIVE!!**

DON’T FORGET – Ride Hosts (Leaders) of club rides earn points toward FREE club clothing. The more rides you lead, the more clothing you receive – **FREE!!!**

HEY RIDE HOSTS – Please turn in your sign up sheets **immediately** so members receive their total mileage for 2011.
Valley Spokesmen  www.valleyspokesmen.org  December 2011

VALLEY SPOKESMEN DISCOUNT BIKE SHOPS
CHRISTMAS IS COMING – SUPPORT OUR LOCAL SHOPS

Missin Link
1988 Shattuck Way
Berkeley, CA 94704
510-843-7471
www.missinglink.org

Mike’s Bikes of Berkeley
2161 University Ave
Berkeley, CA 94704
510-845-BIKE (2453)
http://mikesbikes.com/contact/berkeley-pg49.htm

Ace Bicycle Co.
3313 Village Cr.
Castro Valley, CA 9546
510-538-5000

Castro Valley Cyclery
20515 Stanton Ave.
Castro Valley, CA 94546
510-538-1878
http://castrovalleycyclery.com

Endless Cycles
3300 E Castro Valley Blvd. Ste K
Castro Valley, CA 94552
510-470-3551
http://www.endlesscyclesonline.com

Clayton Cyclery
5411 Clayton Rd
Clayton, CA 94517
925-672-2522

California Pedaler
295 South Hartz Ave.
Danville, CA 94526
925-820-0345
http://calped.com/

Danville Bike
175 North Hartz Ave.
Danville, CA 94526
925-837-0966
http://www.danvillebike.net/

Pegasus Bicycle Works
439 Railroad Ave.
Danville, CA 94526
925-362-2220
http://www.pegasusbicycleworks.com/

Dublin Cyclery
7001 Dublin Blvd.
Dublin, CA 94568
925-828-8676
www.dublincyclery.com/

Livermore Cyclery
7214 San Ramon Rd.
Dublin, CA 94568
925-829-4310
www.livermorecyclery.com

The Pedaler
3826-A San Pablo Dam Rd
El Sobrante, CA 94803
510-222-3420
http://www.theped.com

Cyclepath
22510 Foothill Blvd.
Hayward, CA 94541
510-881-8070
http://cyclepath.com/

Hank and Frank Bicycles
3377 Mt. Diablo Blvd.
Lafayette, CA 94549
925-284-BIKE
http://www.hankandfrankbicycles.com

Sharp Bicycle
969 Moraga Rd
Lafayette, CA 94549
925-284-9616
http://sharpbicycle.com

Cal Bicycles
2053 First St.
Livermore, CA 94550
925-447-6666
www.calbicycles.com

Livermore Cyclery
2752 First St.
Livermore, CA 94550
925-455-8090
www.livermorecyclery.com

Hank and Frank Bicycles
6030 College Ave.
Oakland, CA 94606
510-654-2453
www.hankandfrankbicycles.com

Pleasant Hill Cyclery
1100 Contra Costa Blvd.
Pleasant Hill, CA 94523
925-676-2666
http://www.pleasanthillcyclery.com

Bicycles Pleasanton
537 Main St.
Pleasanton, CA 94566
925-462-9777
http://bicyclespleasanton.com

CyclePros
719 Main St.
Pleasanton, CA 94566
925-400-4436
http://www.thecyclepros.com

Crank 2
5480-9 Sunol Blvd
Pleasanton, CA 94566
925-462-4272
http://www.crank-2.com/store

Breaking Away Bicycle Shop
7 Ross Common
Ross, CA 94957
415-272-6847

City Bicycle Works
2419 K St.
Sacramento, CA 95816
916-447-2453
http://citybicycleworks.com

Robinson Wheel Works
1235 MacArthur Blvd
San Leandro, CA 94577
510-352-4663
http://www.robinsonww.com

Delta Cyclery
6555 Pacific Ave.
Stockton, CA 95209
209-951-5665

Delta Cyclery
130 West 11th ST., #A
Tracy, CA 95376
209-835-7151

Encino Bicycle Center
2901 Ygnacio Valley Blvd.
Walnut Creek, CA 94598
925-944-9200

Mike’s Bikes, Walnut Creek
1615 North California Blvd.
Walnut Creek, CA 94596
925-954-1490
http://mikesbikes.com/contact/walnutcreek-pg751.htm
MID-WINTER HOLIDAY PARTY

MARK YOUR CALENDAR
SAVE THE DATE
FOR THIS NINETH ANNUAL GALA EVENT

WHEN:  Saturday, February 11, 2012
WHERE:  Pleasanton Marriott
         11950 Dublin Canyon Road, Pleasanton, CA
WHAT:  Dinner, dancing and enjoyment for all
TIME:  6:00 p.m. (no host cocktails) 7:00 p.m. dinner served
WHOM:  Valley Spokesmen members and invited guests
COST:  $10.00 per person includes dinner, but not cocktails
MENU:  Entrée of Salmon, or Beef (vegetarian upon request)

Make your reservation today by sending in this form to:
   Valley Spokesmen, P.O. Box 2630, Dublin, CA 94568

List each person individually and their entrée:

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Entrée</th>
<th>Beef</th>
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SIGN UP NOW FOR THIS MOST FESTIVE EVENT OF THE YEAR!!!
THE VALLEY SPOKESMEN BICYCLE TOURING CLUB MEMBERSHIP APPLICATION

Please complete and return to the following address: VALLEY SPOKESMEN, P.O. BOX 2630, Dublin, CA 94568-0784

I want to join/rejoin the Valley Spokesmen Bicycle Touring Club. ____ NEW MEMBER ____ RETURNING MEMBER

Enclosed is $22.00 for a 2012 individual membership ($11.00 after June 30th) OR $30.00 per year for a 2012 family membership ($15.00 after June 30th). Make check payable to: Valley Spokesmen.

____ I prefer receiving my newsletter via the V. S. Web Site rather than a mailed hard copy

_____ Please add my e-mail address to the V. S. e-mail list so I receive current club information, ride updates, etc.

E-Mail address: _________________________________ Your e-mail address will not be shared with any other group or organization

NAME - please print ____________________________________________________________________________________

PHONE (____)______________________________

ADDRESS ________________________________________________________________________________________________

CITY STATE ZIP +4

In consideration of the acceptance of my application, I, for myself, my heirs, executors, administrators, successors and assigns, waive, release and discharge all claims for damages resulting from death, personal injury or property damage which I may have, or which may hereafter accrue to me as a result of my participation with this organization. I understand this release is intended to discharge and release in advance, the Valley Spokesmen "Bicycle" Touring Club, its members and their respective agents, officers, officials, servants and representatives, and any involved municipalities and their respective agents and employees from and against any and all liability arising out of or connected in any way with my participation with this organization even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.

I further understand that serious accidents occasionally occur during bicycle rides and that participants in such events occasionally sustain serious personal injury, death and/or property damage as a consequence of that participation. Nevertheless, knowing the risks of bicycling, I, for myself, my heirs, executors, administrators, successors and assigns hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who, through their negligence or carelessness, might otherwise be liable to me for damages.

I AGREE TO WEAR A BICYCLE HELMET ON ALL CLUB RIDES.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE Valley Spokesmen Bicycle Touring Club AND SIGN IT ON MY OWN FREE WILL.

______________________________________________________________________________________________

DATE AGE APPLICANT'S SIGNATURE

If this application is for family membership, please indicate names and ages of all adults and minors who may be included in club activities.

Name Age Signature
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________

Signature of parent or guardian (needed if applicant is under 18 years of age). ______________________________

MEDICAL INFORMATION – if interested in receiving a Medical Emergency Card

Emergency Contact: ____________________________________________
Telephone Number: (____)______________________________

Emergency Contact: ____________________________________________
Telephone Number: (____)______________________________

Physicians Name: ____________________________________________
Telephone Number: (____)______________________________

Medical Insurance: Coverage ID: ____________________Group ID: _____________________

Allergies: ______________________________________________________

Blood Type: Name: ________________________ Type: _____________
Name: ________________________ Type: _____________
Name: ________________________ Type: _____________
Name: ________________________ Type: _____________
Name: ________________________ Type: _____________
Name: ________________________ Type: _____________

Rev 11/04/2011
2011 CLUB OFFICERS

President  Mark Dedon
Vice-President  Karin Ball
Treasurer  Bill Well
Recording Secretary  Lynn DeMattei
Corresponding Secretary  Bonnie Powers  925-828-5299

Ride Chairmen  Gail Blanco  Peter Rathmann
Newsletter Editor/Typist  Marcia Seeger  E-mail VSnews02@aol.com
Newsletter Publisher  Mary Murphy
Past President  Dan Carhart
V.S. Racing Team contacts  Jim Duncan  Zafer Demir

2011 PRESIDENTIAL APPOINTMENTS
Cinderella Chairmen  Jim Duncan  Bob Powers
Email  CinderellaClassic@valleyspokesmen.org
Swap Meet  Bob/Bonnie Powers
T.O.S.R.D. Chairman  Francie Cushman
E.B.B.C. Rep.  Open
Mileage Keeper  James Paulos
Webmaster  Curtis Stallins

Community Liaisons
Alamo  Ralph Speck
Castro Valley  Molly Heekin
Concord  Jean Watts  Kathy Tate
Danville  Bill/Mary Well
Dublin  Christy Simpson
Hayward  James Paulos
Lafayette  Stan Goodman
Livermore  Susan Neer
Pleasanton  Bill Rose
Pleasant Hill  John Rodriguez
San Ramon  Peter Rathmann
Walnut Creek  Peter Culshaw

VALLEY SPOKESMEN
Bicycle Touring Club
Post Office Box 2630
Dublin, California 94568

We appreciate the many articles that have been submitted and we are sorry that they cannot always be printed during the month of submission. The newsletter is limited in length due to the cost of postage, and we will give articles of a timely nature priority.

You are encouraged to reprint with credit any articles in this newsletter.

VALLEY SPOKESMEN
http://www.valleyspokesmen.org

2011 club members may subscribe to the VS mailing list by sending an email with their names to http://www.valleyspokesmen.org/mailinglist.php and following the directions there.